

Coverage: Hamilton-Niagara, Haldimand and Brant Counties

AREAS OF EXPERTISE

- ✚ In Home Assessment / Intervention
- ✚ Attendant Care Assessment
- ✚ Discharge Planning
- ✚ Community Rehabilitation
- ✚ Functional Evaluation/Assessments
- ✚ Experience with seating and splinting
- ✚ Catastrophic Determination Assessments
- ✚ Cognitive Assessment / Intervention
- ✚ Education of patients and their caregivers
- ✚ Experience with clients with brain injuries, spinal cord injuries, other neurological conditions, soft tissue, chronic pain, and orthopaedic injuries

PROFESSIONAL EDUCATION

- ❖ Master of Science in Professional Health Studies, November 2008. University of Leeds (York St. John), United Kingdom (UK).
- ❖ Bachelor of Science in Occupational Therapy, May 1996. University of British Columbia, Vancouver, Canada.

CLINICAL WORK HISTORY

Complex Injury Rehab **Present** **OCCUPATIONAL THERAPIST**

- Provide in-home assessment, including assessment of attendant care needs, home safety assessments, assessment of ability to participate in pre-accident ADLs, and comprehensive cognitive assessment for individuals injured in automobile accidents with focus on complex orthopaedic, neurological, and/or brain injuries.
- Hospital discharge planning.
- Provide in home treatment to assist with return to pre-accident activities of daily living, functional restoration, and community integration.
- Development and implementation of home / community based cognitive rehabilitation programs.

Fraser Health Authority, Surrey, BC. **May 2008 - February 2010** **OCCUPATIONAL THERAPIST**

- Provide community occupational therapy to adults with physical disabilities and those on palliative care, including screening and promoting safety and independence at home, and referral to other resources as needed.

- Environmental adaptation, recommendation of adaptive aids, justifying need to funding agencies, and working closely with other members of the multi-disciplinary team.

National Health Service

August 2004 – August 2007

Durham and Chester-le-Street Primary Care Trust, UK.

OCCUPATIONAL THERAPIST, Clinical Specialist

- Provided clinical leadership and promoted evidence-based practice for the care of the older person across the Primary Care Trust.
- Coordinated in-service training and journal clubs, and involved in development and facilitation of a Falls Prevention Group
- Clinical responsibilities included assessment and treatment, including home assessments and equipment provision, for a caseload of inpatients, Day Hospital clients, and community clients.

**University of Northumbria,
Newcastle-upon-Tyne, UK.**

April 2004 – January 2005

VISITING LECTURER for the Occupational Therapy program

- Sessions included both lecture and practical format, in modules on ‘Occupational Performance Skills’ and ‘Orthotics’.

**National Health Service,
Durham and Chester-le-Street Primary Care Trust, UK.**

Dec. 2002 – August 2004

OCCUPATIONAL THERAPIST

- Focus on physical rehabilitation of the older person.
- Responsibility included an 18 bed inpatient ward, with follow-through to a Day Hospital, and direct community referrals

GF Strong Rehabilitation Center, Vancouver, BC

Oct. 1999 –Sept. 2002

OCCUPATIONAL THERAPIST, Spinal Cord Injury Program

- Responsibilities included assessment and intervention in all aspects of self-care, home management, productivity and community living
- Skills included splinting, seating, equipment assessment and provision, custom adaptations, home assessments and client education
- Team member on the Wound Care Program for People with Spinal Cord Injuries
- Organizing clinical development sessions for the OTs on the SCI program; providing education sessions to staff, clients and caregivers;
- Consulting to community therapists on seating and wound issues
- Membership on a client and family education committee.

GF Strong Rehabilitation Center, Vancouver, BC

January 1998 – October 1999

OCCUPATIONAL THERAPIST, Inpatient Arthritis Program.

- Responsibilities included assessment and treatment of clients with severe arthritis.
- Specialized skills included joint assessments, fabrication of splints (upper and lower extremities), customizing adaptive aids, and client education.

St. Vincent's Hospital, Vancouver, BC **January 1998 – April 1998**

OCCUPATIONAL THERAPIST, Discharge planning unit for geriatric clients

- Skills included safety assessments, dysphagia management and discharge planning.

GF Strong Rehabilitation Center, Vancouver, BC **May 1997 – October 1997**

OCCUPATIONAL THERAPIST, Inpatient Acquired Brain Injury Program

- Responsibilities included assessment and treatment of clients with strokes, traumatic head injuries, other neurological conditions and amputations (lower and upper extremities).

Peach Arch Hospital, White Rock, BC **May 1996 - April 1997**

OCCUPATIONAL THERAPIST, Acute General Medical and Mental Health Services.

- Responsibilities included assessment and intervention for clients on acute orthopedic, medical, and psychiatric wards
- Skills included inpatient interventions, home visits, facilitating psychiatric groups, and program planning.

CONFERENCES/COURSES

- ❖ **2011:** Hamilton Health Sciences ABI Conference, Hamilton, Ont.
- ❖ **2010:** Health Care Innovations Trade Show and Conference, Toronto, Ont.
- ❖ **2010:** Hamilton Health Sciences ABI Conference, Hamilton, Ont.
- ❖ **2008:** Positioning for Function, Surrey, BC
- ❖ **2005:** Movement Science Workshop, Leeds, UK
- ❖ **2004:** 28th Annual Conf. of the College of Occupational Therapists, Harrogate, UK
- ❖ **2004:** NVQ Assessors Award, Durham, UK
- ❖ **2003:** Fieldwork Educators Course, Durham, UK, April 2003
- ❖ **2002, 2000:** International Seating Symposium, Vancouver
- ❖ **2001:** Canadian Association of OTs National Conference, Calgary
- ❖ **2001:** Wheelchair Seating and Positioning in the Community, Vancouver
- ❖ **1998:** International Congress of the World Federation of OTs, Montreal, Canada.

PRESENTATIONS/STUDENT SUPERVISION

- ❖ Presented at the Canadian Association of Occupational Therapists National Conference, 2001. (Presentation titled: The COPM: Client Outcomes in Rheumatology and Telephone Follow-up).
- ❖ Supervision of fieldwork placements for ten OT students (1998-2008)

PROFESSIONAL MEMBERSHIPS

- ❖ Registered member of the College of Occupational Therapists of Ontario
- ❖ Member of the Canadian Association of Occupational Therapists