

QUALIFICATION HIGHLIGHTS

- Psychiatric Consultant
- Medical Director
- Legal Adjudicator
- Entrepreneur
- College of Physicians and Surgeons of Ontario (CPSO) Practice Assessor
- Royal College of Physicians and Surgeons (RCPS) Examiner
- Investigating Medical Coroner
- Canada Border Services Agency (CBSA) Consultant Psychiatrist
- Recognized as a “Best Doctor” expert
- Certified Independent Medical Examiner (CIME). CMLE (Certified Medicolegal Expertise) and C-CAT (MB) certified. Certified in the use of the American Medical Association (AMA) Guides to the Evaluation of Permanent Impairment. Performed thousands of Independent Psychiatric Evaluations across Ontario, Newfoundland, New Brunswick, and Nova Scotia. Recognized by the court as an expert witness in Psychiatry.
- United States Veterans Evaluation Services (VES) Certified Disability Assessor
- Assistant Clinical Professor, Medical Researcher/Author
- Humanitarian Aid Leader

EDUCATION

Memorial University of Newfoundland	2008
Fellow of Royal College of Physicians and Surgeons (Canada) - Psychiatry	
University College Dublin	2003
Bachelor of Medicine, Bachelor of Surgery and Bachelor of the Art of Obstetrics	
Queen’s University, Ontario	1997
Bachelor of Science (Honors) Psychology	

GLOBAL MENTAL HEALTH EXPERIENCE

Transforming Mental Health, Guyana	10/2013-Present
<ul style="list-style-type: none"> • Co-founder and lead of a team of humanitarian aid workers to provide clinical (e.g., donation and establishment of an ECT program), academic (e.g., development of a psychiatry residency program) and systems support (e.g., advisors in the national mental health strategy, national suicide prevention plan and national mental health legislation) in Guyana to help transform an archaic mental health system that faces the highest suicide rate in the world. The team has a direct collaborative partnership with Guyana’s Ministry of Health with a goal to improve sustainable access to evidenced based care. 	
Mental Health Without Borders	01/2016-01/2019
<ul style="list-style-type: none"> • Served as the co-founder and Vice-Chair for this global mental health non-profit organization. 	
National Institute of Psychiatry, Mexico; Massachusetts General Hospital, Harvard University; McMaster University	03/2007-05/2007
<ul style="list-style-type: none"> • Participated in a program to build medical leadership and public mental health skills. • Preceptors: Dr. B. Vargas at the National Institute of Psychiatry, Dr. G. Fricchione at Harvard Medical School, and Dr. L. George at McMaster University. 	
Mayo Clinic, Minnesota	06/2006
<ul style="list-style-type: none"> • Responsible for provision of resident level care to patients within an outpatient setting. • Preceptor: Dr. J. Rome. 	
Maudsley Hospital, Institute of Psychiatry, King’s College, United Kingdom	11/2002
<ul style="list-style-type: none"> • Responsible for provision of sub-intern level care to patients within the acute inpatient setting. • Preceptor: Dr. M. Travis. 	

PROFESSIONAL EXPERIENCE

PsycIME.com	<ul style="list-style-type: none"> • Medical Director
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<p>Consultant Psychiatrist 10/2008 – Present</p>	<ul style="list-style-type: none"> • Lead and mentor psychiatrists and psychologists, to create a comprehensive service where individuals receive seamless and timely evidenced informed independent medico-legal assessments in an environment of respect, privacy, and collaboration. <ul style="list-style-type: none"> • Provide unbiased independent mental health disability assessments for children and adults on behalf of the auto and long-term disability insurance industry, as well as for employers, WSIB (Workplace & Safety Insurance Board) and personal injury law firms. I have completed thousands of such assessments to date in the provinces of Ontario, Nova Scotia, New Brunswick and Newfoundland. • Recognized by the court as an expert witness in Psychiatry.
<p>Bear Health Technologies Consultant Psychiatrist 06/2020 – Present</p>	<ul style="list-style-type: none"> • Advisory Board Member
<p>Canadian Mental Health Association (CMHA), Kitchener, Ontario Consultant Psychiatrist 10/2018 – Present</p>	<ul style="list-style-type: none"> • Provide supervision to psychiatrists who are new to the Canadian medical system
<p>Traverse Independence (Brain Injury Program), Kitchener, Ontario Consultant Psychiatrist 09/2018 – Present</p>	<ul style="list-style-type: none"> • Provide mental health consultation to those who are diagnosed and impaired with Brain Injury
<p>Best Doctors Canada Consultant Psychiatrist 06/2018 – Present</p>	<ul style="list-style-type: none"> • Recognized as a “Best Doctor” expert responsible for providing consultation to individuals with mental health disabilities
<p>Homewood Health Centre’s Workplace & Safety Insurance Board Program, Guelph, Ontario Consultant Psychiatrist 06/2018 - Present</p>	<ul style="list-style-type: none"> • Provide consultation to individuals with work-related mental health injuries
<p>Kitchener Downtown Community Health Centre, Kitchener, Ontario Consultant Psychiatrist 09/2012 - Present</p>	<ul style="list-style-type: none"> • Developed and participate in a shared-care model to provide mental health consultation and education to staff caring for marginalized groups(e.g. homeless, impoverished, indigenous, refugees, etc.)
<p>Elite Psychiatry Services, Kitchener, Ontario Co-founder & Consultant Psychiatrist 02/2018-10/2019</p>	<ul style="list-style-type: none"> • Responsible for providing psychiatric assessment and treatment services with a multidisciplinary team
<p>Conestoga College Health Services, Kitchener, Ontario Consultant Psychiatrist 09/2017-01/2018</p>	<ul style="list-style-type: none"> • Developed and participated in a shared-care model to provide mental health consultation and education to staff caring for college students and staff who had limited access to mental health care
<p>Psychiatric Outreach Clinic, Kitchener, Ontario Consultant Psychiatrist 08/2013-09/2017</p>	<ul style="list-style-type: none"> • Developed and participated in a shared-care model to provide mental health consultation and education to staff caring for marginalized groups (e.g. homeless, impoverished, indigenous, refugees, etc.)
<p>Kitchener Downtown Community Health Centre (Brain Injury Program), Kitchener, Ontario Consultant Psychiatrist 08/2014-08/2018</p>	<ul style="list-style-type: none"> • Provide mental health case consultation on an as needed basis to those impaired with Brain Injury
<p>The Centre for Family Medicine (Family Health Team), Kitchener, Ontario</p>	<ul style="list-style-type: none"> • Developed and participated in a family practice resident training mental health clinic

<p>Consultant Psychiatrist 08/2013-11/2015 Canada Border Services Agency (CBSA), Toronto, Ontario Consultant Psychiatrist 08/2013-03/2016</p>	<ul style="list-style-type: none"> • Provided culturally sensitive psychiatric assessment and treatment at Toronto's Immigration Holding Centre
<p>Waterloo Regional Homes for Mental Health, Waterloo, Ontario Consultant Psychiatrist 03/2011-09/2015</p>	<ul style="list-style-type: none"> • Provided mental health consultation to an Assertive Community Treatment (ACT) Team, which cared for individuals with severe and persistent mental illness who are marginalized (e.g. homeless, impoverished, indigenous, refugees, etc.)
<p>Grand River Hospital, Kitchener, Ontario Medical Director and Consultant Psychiatrist 02/2011-05/2017</p>	<ul style="list-style-type: none"> • Developed a mental health rehabilitation program for severe and persistent mentally ill individuals, including inpatient and outpatient adult and senior's mental health care, intensive case management, community treatment order (CTO) co-ordination, metabolic clinic, ACT team, clozapine clinic, depot clinic and dual diagnosis clinic
<p>Homewood Health Center, Guelph, Ontario Medical Coordinator and Consultant Psychiatrist 09/2008-02/2011</p>	<ul style="list-style-type: none"> • Acute Care Psychiatry • Private inpatient mental health rehabilitation program, providing care for a broad range of illnesses, including those experiencing emotional trauma while engaged with The Canadian Armed Forces • Director of Electroconvulsive Therapy (ECT) services
<p>Guelph General Hospital, Guelph, Ontario 11/2008-01/2015</p>	<p>Emergency Psychiatry Consultant Psychiatrist</p>
<p>Eastern Health, St. John's, Newfoundland 06/2008-08/2008</p>	<p>Acute Care Psychiatry Consultant Psychiatrist</p>
<p>Health Care Corporation, St. John's, Newfoundland 07/2004-01/20006</p>	<p>Neurosurgery Clinical Associate</p>

RESEARCH PUBLICATIONS

- Principal Site Investigator for 'An Open-Label, Non-Randomized Registry of the Natural Use of Paliperidone Palmitate in Canada'; Canadian Sustenna Treatment Assessment Registry (CANSTAR)—Research in progress.
- McCutchen, B., Patel, S. & Copeland, D. Expanding the role of PAs (Physician Assistants) in the treatment of severe and persistent mental illness. *American Academy of Physician Assistants*, 2017, vol 30, no. 8, p: 36-37.
- Co-developer of 'Long-Acting Therapy for Schizophrenia' Brochure (nationally distributed in 2017)
- McMaster Psychiatry Resident Handbook (2013). Editor of psychotropic section. (<https://macpsychhandbook.wordpress.com>).
- Gadit, A & Patel, S. Boundary violations in medical practice: what should be done? *J Pak Med Assoc*, 2008, vol 58, no. 4, p: 211-213.
- Patel, S.& Gadit, A. Karo-Kari: A Form of Honour Killing in Pakistan. *Transcult Psychiatry* 2008, Dec; 45 (4): 683-694.
- Gadit, A & Patel, S. Psychiatric training: a comparison between Canada and Pakistan. Is there a common ground? *J Pak Med Assoc*, 2007, vol 57, no. 5, p: 267-271.
- Gadit, A & Patel, S. Karo-Kari: disturbed psyche or wild ego? *J Pak Med Assoc*, 2007, vol 57, no. 3, p: 112-113.
- Gadit, A. & Patel, S. Mentorship Program in Mental Health: Time to develop a new academic relationship. *J Pak Med Assoc*, 2007, vol 57, no. 11, p: 527-528.

BOOK CHAPTERS

- Patel, S. (2014). Karo-Kari: A form of honor killing in Pakistan. In D. Canter (Ed.), *Criminal Psychology* (pp. 683-694). Sage Publications Ltd.
- Patel, S. (2012). Karo-Kari: A form of honor killing in Pakistan. In Stacy Mallicoat (Ed.), *Women and Crime* (pp. 250-256). Sage Publications Ltd.

PROFESSIONAL APPOINTMENTS & ASSOCIATIONS

<i>July 2019 - Present</i>	United States Veterans Evaluation Services Certified Psychiatric Disability Assessor
<i>June 2017 - Present</i>	<ul style="list-style-type: none"> Investigating Medical Coroner Forensic Medicine Lead death investigations for sudden and unexpected deaths Appointed by the Ministry of Community Safety and Correctional Services Lieutenant Governor in Council Appointee
<i>October 2016 - Present</i>	College of Physicians and Surgeons of Ontario (CPSO) Practice Assessor
<i>October 2015 - Present</i>	Royal College of Physicians and Surgeons of Canada Examiner
<i>January 2011 - Present</i>	University of Ottawa Clinical Lecturer
<i>January 2010 - Present</i>	Rural Ontario Medical Program (ROMP) Clinical Preceptor
<i>January 2008 - Present</i>	McMaster University Assistant Clinical Professor of Psychiatry
<i>July 2008 - Present</i>	Memorial University of Newfoundland Assistant Clinical Professor of Psychiatry
<i>February 2005 - Present</i>	Academic Speaking Engagements: Various topics in mental health for hospitals, community clinics, universities and the pharmaceutical industry
<i>November 2016 - 2017</i>	Tri-Hospital Research Ethics Board (THREB) Appointed Board Member
<i>October 2013 - 2018</i>	<ul style="list-style-type: none"> Adjudicator for the Consent and Capacity Board (CCB) Of Ontario Appointed by the Lieutenant Governor in Council (via the Ministry of Health and Long-Term Care) Conduct hearings under the Mental Health Act, the Health Care Consent Act, the Personal Health Information Protection Act, the Substitute Decisions Act and the Mandatory Blood Testing Act
<i>May 2013 - 2016</i>	College of Physicians and Surgeons of Ontario (CPSO) Clinical Mentor
<i>July 2006 - 2007</i>	Chief Resident of Psychiatry, Memorial University of Newfoundland
<i>September 2005 - 2006</i>	Elected Representative of the Professional Association of Interns and Residents of Newfoundland (PAIRN) Canadian Resident Matching Service Selection Committee (CaRMS)
<i>September 2004 - 2007</i>	Memorial University of Newfoundland
<i>July 2004 - 2006</i>	Memorial University of Newfoundland Psychiatric Program Committee
<i>July 2003 - 2004</i>	Canadian Psychiatric Association (CPA) Resident Representative

HONORS & AWARDS

McMaster University's Dedication to Education Award	06/2016
Grand River Hospital Award for Inter-Professional Collaboration	04/2013
Rural Ontario Medical Program (ROMP) Undergraduate Specialty Preceptor of the Year	05/2011
Memorial University of Newfoundland Psychiatry Department Research Prize	06/2008
Queen's University Prize in Behavioral Medicine	06/1994
North American Pro-Image Scholarship	05/1993

LICENSES & CERTIFICATIONS

<i>May 2020</i>	<ul style="list-style-type: none"> Certified Medicolegal Expertise (CMLE) Canadian Society of Medical Evaluators (CSME)
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<i>April 2020</i>	<ul style="list-style-type: none"> • Certified in the Fourth and Sixth Editions of the American Medical Association (AMA) Guides to the Evaluation of Permanent Impairment • Canadian Society of Medical Evaluators (CSME)
<i>October 2019</i>	<ul style="list-style-type: none"> • Certified in the Sixth Edition of the American Medical Association (AMA) Guides to the Evaluation of Permanent Impairment • American College of Disability Medicine and American Board of Independent Medical Examiners (ABIME)
<i>March 2017</i>	<ul style="list-style-type: none"> • Certified in the Fourth and Sixth Editions of the American Medical Association (AMA) Guides to the Evaluation of Permanent Impairment • Canadian Society of Medical Evaluators (CSME)
<i>September 2016</i>	Certified Independent Medical Examiner (American Board of Independent Medical Examiners)
<i>August 2016 (on & off)</i>	College of Physicians and Surgeons of New Brunswick (CPSNB) Registration (Lis. 08098)
<i>June 2016</i>	College of Physicians and Surgeons of Nova Scotia (CPSNS) Registration (Lis. 017248)
<i>April 2016</i>	<ul style="list-style-type: none"> • Certified in the Fourth and Sixth Editions of the American Medical Association (AMA) Guides to the Evaluation of Permanent Impairment • American College of Disability Medicine and American Board of Independent Medical Examiners (ABIME)
<i>June 2013</i>	Lean Six Sigma Greenbelt Certification (Process Excellence)
<i>November 2010</i>	Physician Management Institute (PMI) Leadership Certification
<i>September 2008</i>	College of Physicians and Surgeons of Ontario (CPSO) Registration (Lis. 89405)
<i>June 2007</i>	Teaching Improvement Project System (TIPS) Certification
<i>November 2006</i>	Medical Council of Canada (MCC) Licensing Exam (Part 2)
<i>November 2004</i>	Medical Council of Canada (MCC) Licensing Exam (Part 1)
<i>July 2004 (on & off)</i>	College of Physicians & Surgeons of Newfoundland and Labrador (CPSNL) Registration (Lis. 09594)
<i>July 2003</i>	Medical Council of Ireland Registration (Lis. 188626)
<i>November 2002</i>	Medical Council of Canada (MCC) Evaluating Exam
<i>August 2001</i>	United States Medical Licensing Exam (USMLE -- Step 1)