

STACY SCHINCARIOL, MSc (OT)

OCCUPATIONAL THERAPIST

## COVERAGE AREA

### BURLINGTON

Covering: Hamilton, Brantford, GTA, Halton, Peel and Niagara.

## AREAS OF EXPERIENCE

Brain Injury  
Orthopedic Injuries  
Chronic Pain  
Mental Health  
Geriatrics  
Future Care Assessments

## EDUCATION

### MASTER OF SCIENCE, OCCUPATIONAL THERAPY

McMaster University, Hamilton, On

2006

### BACHELOR OF APPLIED SCIENCE, GERONTOLOGY

University of Guelph, Guelph, On

1997

## EXPERIENCE

### ENTWISTLE POWER OCCUPATIONAL THERAPY (NOW SOLUTIONS FOR LIVING)

#### ANCASTER, ON

#### OCCUPATIONAL THERAPIST

February 2012- Present

- Provide Occupational Therapy services for clients with simple and complex orthopedic injuries, acquired brain injuries, mental health diagnoses, chronic pain, and multiple diagnoses.
- Occupational Therapy In-Home Activities of Daily Living (ADL) assessments, Home Safety Assessments, Attendant Care Needs Assessments (Form 1).
- Future Cost of Care Assessments, Vocational Assessments, Job Site Analyses.
- Develop and monitor return to ADL programs to encourage increased functional independence in the home, workplace, or community; including goal setting and tracking.
- Act as part of a multi-disciplinary team member to facilitate functional and cognitive recovery.
- Recommend assistive devices, provide education on pacing, body mechanics, energy conservation, hurt versus harm principles and proper body mechanics to facilitate increased independence with activities of daily living in the home or workplace.

**MAXIMUM INDEPENDENCE, INC., HAMILTON, ON**

OCCUPATIONAL THERAPIST

2006-February 2012

- Develop and implement goal-directed and client centered rehabilitation plans for individuals of all ages who have sustained traumatic injuries resulting in cognitive, physical, behavioural and/or psychosocial issues (Musculoskeletal, Acquired Brain Injuries, Chronic Pain, Complex Orthopedic, and Multiple Diagnoses).
- Complete in-home assessments including: Functional Home Assessments, Attendant Care Needs Assessments, Caregiver Assessments, Home Environment and Safety Assessments and Discharge planning Assessments.
- Complete Vocational and Productivity assessments including: Ergonomic Assessments, Work Site Assessments, Job Demands Analyses, Vocational Planning Assessments, Transferable Skills Analyses, Functional Abilities Evaluations and School Site Assessments.
- Conduct Future Care Cost Assessments which involves the analysis and determination of lifelong needs and cost requirements for clients who have sustained permanent disability.
- Provide individualized education and return to activities programs to address management of pain, energy conservation and pacing strategies, cognitive compensatory strategies, activity tolerances, use of adaptive equipment and implementation of proper posture/body mechanics.
- Develop and facilitate return to work programs.
- Supervise occupational therapy assistant home and community programs.
- Collaborate with team members via written/telephone communication and team meetings to ensure client's rehabilitation needs are being addressed effectively.
- Complete reports and treatment plans to communicate client's functional status, rehabilitation needs for occupational therapy services and associated costs.

**COMMUNITY MENTAL HEALTH CLINIC, GUELPH, ON**

SENIORS MENTAL HEALTH WORKER –SECONDMENT POSITION

2002-2003

**ST. JOSEPH'S HEALTH CENTRE, OUT 'N ABOUT DAY PROGRAM, GUELPH, ON**

CLINICAL RESOURCE WORKER

2000-2003

**CONESTOGA COLLEGE, WATERLOO, ON**

PART-TIME FACULTY – DEMENTIA STUDIES PROGRAM

2001-2002

**ALZHEIMER DAY CENTRE, ST. JOSEPH'S HOSPITAL AND HOME, GUELPH, ON**  
**SENIOR PROGRAMMER**  
 1998-2000

PROFESSIONAL  
ACTIVITIES

**MCMASTER UNIVERSITY CLINICAL ADVISORY GROUP**  
 2007-2011

- Address student placement issues and preceptor education; develop options for placement opportunities and create incentives to employers to provide placements.

PROFESSIONAL  
DEVELOPMENT /  
ADDITIONAL  
QUALIFICATIONS

- 2020 MoCA, Montreal Cognitive Assessment Certification
- 2019 Occupation Based Research in Concussion Management – What OTs Need to Know – OSOT
- 2019 Opening the Blinds in the Dark Closed Room: Inter-professional Best Practices in Concussion Care, presented by Elly Baker, PT; FunctionAbility Fall Education Day: Growing Through Best Practice
- 2019 Rehabilitation of Executive Functions & Cognitive Communication: Putting Evidence into Practice, presented by Genevieve Bernardo, OT & Ameila Hessel, SLP; FunctionAbility Fall Education Day: Growing Through Best Practice
- 2019 Training in Motivational Interviewing 2 Day Workshop
- 2019 BIAPH 2019 Health Advocates Education Conference
- 2018 Occupation & Trauma: Expanding Occupational Therapy Practise
- 2018 Introduction to Cognitive Behaviour Therapy for Chronic Pain 2 Day Workshop, McMaster University Clinical Behavioural Sciences Program
- 2017 OBIA Acquired Brain Injury Provincial Conference
- 2017 Cost of Future Care & Functional Testing: Preparing Defensible Life Care Plans
- 2016 Concussion Management Workshop
- 2016 Multiple Errands Test: Developing, Administering and Scoring Site Specific Versions
- 2015 The Management of SCI: A Guide for Private Practitioners (1.5 day course)
- 2015 OBIA Acquired Brain Injury Provincial Conference
- 2014 Certified AMPS (Assessment of Motor and Process Skills) Assessor
- 2013 Currently enrolled in the Pre-Certification Program for Life Care Planning through the University of Florida
- 2013 Brain Injury Services Conference: Cognitive Rehabilitation for Those with ABI
- 2012 Building Together – Reaching New Heights - Ontario Society of Occupational Therapists Conference
- 2012 Progressive Goal Attainment Program (PGAP) Certification
- 2011 Deemed an Expert in Occupational Therapy by the Superior Court of Justice, Ontario
- 2011 Smartphone Prescription Seminar

- 2011 Health Care Innovations Conference
- 2011 Ontario Brain Injury Association Conference
- 2011 Practical Strategies for Health Care Professionals: Rehab Across the Ages - From the Cradle to the Grave
- 2011 Cardiopulmonary Resuscitation (CPR) Level C (Basic Rescue)
- 2010 Functional Capacity Evaluation: Work Well Certification
- 2010 Work Rehabilitation/Work Hardening Program: Work Well Certification
- 2010 Ontario Brain Injury Association Conference Managing the Individual with Complex Care Needs
- 2009 Provincial Acquired Brain Injury Conference
- 2007 Discharge and Beyond Conference
- 2006 Chedoke-McMaster Stroke Assessment (CMSA) Workshop
- 2006 College of Occupational Therapists of Ontario (COTO) – Registration #G0606661 (2006 to present)
- 2004 Ontario Society of Occupational Therapists (2004 to present)