

RUTH POTHAAAR

OBJECTIVE

To use my skills and qualifications to be a Rehabilitation Support Worker

HIGHLIGHTS OF QUALIFICATIONS

- Enjoy supporting people from diverse backgrounds
- Team player with a positive attitude
- Organized and detail oriented
- Basic computer skills in MS Word, Excel, Internet, and Email

RELATED SKILLS AND EXPERIENCE

Assessment, Intervention, and Case Management

- Ability to observe and document behavior
- Experience carrying a caseload
- Process and maintain required confidential documentation
- Facilitate client development of time and stress management skills

Interpersonal Skills

- Support clients using patience, empathy and effective listening
- Approach sensitive situations with tact and discretion
- Able to establish therapeutic rapport
- Collaborate with co-workers to support clients

Activity Co-ordination Experience

- Motivate and encourage participation
- Facilitate groups to engage in activities
- Describe and explain concepts to individuals and groups
- Work cooperatively with a diversity of individuals

Social Service Worker Skills

- Personal Care and Medication Administration
- Implement Behavior Protocols
- Assist with development of vocational and life skills
- Support individuals with mental illness, disabilities, and Autism

EMPLOYMENT HISTORY

Direct Care Worker **2009 – 2010**
Participation House

Instructor Therapist **2007 – 2009**
LRCSS – CEAP

Rehabilitation Support Worker **2007**
Wright Rehab

Provide consistent support to individuals living with ABI to progress toward their rehabilitation goals. Effectively work with a multi disciplinary team to implement strategies to promote independence and skill development in management of daily activities in the home and community. Encourage client coping mechanisms to manage issues of pain, fatigue and frustration. Develop professional session notes to record progress and identify challenges for team review.

Support Worker **2006 – 2007**
Community Living Mississauga

Vocational Instructor (contract) **2005 – 2006**
WMHC (CDE)

Vocational Rehabilitation Counselor **2004 – 2005**
Community Living Ajax

EDUCATION

Honors BA in Psychology, Minor in Social Work **1999 – 2003**

Redeemer University College: Hamilton, ON

CERTIFICATIONS AND TRAINING

- Applied Behavior Analysis and Intensive Behavioral Intervention training (2007)
- Safe Management (To be updated)
- First Aid and CPR (To be updated)
- ASIST Training (2006)
- Positive Behavior Supports workshop (2004)



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wrightrehab.ca

VOLUNTEER WORK

Nursery Volunteer

Hope Fellowship: Courtice, ON

2008 – Present

Drama Facilitator

Hope Fellowship: Courtice, ON

2005 – 2006