

EDUCATION

University of Toronto, Toronto, Ontario 2015 – 2017
Masters of Occupational Therapy

University of Western Ontario, London, Ontario 2011 – 2015
Bachelor of Science, Honors Specialization in Kinesiology

- Achieved Dean's Honor List

WORK EXPERIENCE

Jenni Diamond Health April 2015 – Present
Pre/Postnatal Fitness Trainer, Owner

- Creator of The Prenatal Academy and The Postnatal Academy: evidence-based programs to help new and expecting moms exercise safely during and after pregnancy.
- Conduct teaching sessions through Mount Sinai Hospital and University of Toronto to support knowledge translation of evidence-based practice in perinatal health.

Numinus Toronto January 2018 – Present
Occupational Therapist, Private Practice
Director of Occupational Therapy Services

- Provide comprehensive collaborative treatment for patients with concussion and persistent concussion symptoms.
- Work with patients to manage ongoing concussion symptoms and develop treatment plans supporting return to work, school, sports, and other meaningful activities.
- Oversees training, hiring, and program development for the Occupational Therapy program.

Jenni Diamond Occupational Therapy April 2018 – Present
Occupational Therapist, Private Practice

- Deliver holistic, collaborative care to individuals recovering from concussion.
- Collaborate with patients to effectively address symptoms, devise tailored treatment plans, and facilitate reintegration into work, academics, sports, and other meaningful activities.

Complete Concussion Management September 2022 – Present
Course Creator and Instructor

- Develop course materials, including online lessons, resources, and assessments, to train occupational therapists, speech language pathologists, and cognitive rehabilitation professionals on evidence-based concussion management.
- Maintaining and updating course materials to ensure that they are current and relevant to the latest research and best practices in concussion management.
- Provide guidance and support to students to help them meet the course learning objectives.

BrainBot

April 2023 – Present

Clinical Advisor

- Contribute to the development and testing of the patient user app, and clinician platform and intervention tool.
- Provide feedback and facilitate holistic analysis of clinician needs to gain an in-depth understanding and insight into the current performance and potential of the tool.

COMMUNITY EXPERIENCE

Department of OS&OT, University of Toronto

2019 – Present

Adjunct Lecturer

- Student Fieldwork Supervisor, 2019 (FW3), 2020 (FW3), 2021 (FW4), 2022 (FW2).
- Recipient of Fieldwork Educator Recognition Award (2022).
- Nominated for the University of Toronto Alumni Achievement Awards (2021, 2022).
- Fieldwork 1: OCT1183Y Case Review Facilitator (2020); Lab facilitator for Initial Interview Practical Tests (2018, 2019) and Reading Seminars (2019, 2020).
- Guest lecturer for Andrea Duncan's Occupational Therapy Practice III class (2018).

Occupational Therapy and Concussion Group

January 2018 – Present

Creator, Group Facilitator

- Facilitates and contributes to regular online communication via private Facebook Group.
- Coordinates online meetings to discuss evidence-based practice and share clinical practice insights to improve health outcomes for patients recovering from concussion.

Save a Child's Heart Canada (SACH)

September 2015 – July 2018

Young Leadership Committee Member

- Planned and coordinated fundraising initiatives to raise money and awareness for SACH.

IMAGINE Health Clinic

September 2016 – August 2017

Occupational Therapy Faculty Lead

- Worked with IMAGINE's Communications Co-Directors and other committee members to coordinate interprofessional fundraising events and disseminate information to faculty.
- Recruited student volunteers for IMAGINE's clinic hours.
- Represented the interests and needs of the OT faculty with IMAGINE.

CLINICAL FIELDWORK EXPERIENCE

Toronto FC (Major League Soccer) High Performance Department

July – August 2017

*Toronto FC & Holland Bloorview Kids Rehabilitation Hospital**Student Fieldwork Experience Level IV*

- Facilitated and conducted a battery of upper extremity, cognitive and visual processing assessments for Toronto FC athletes.
- Developed and presented an athlete skill acquisition program to executive leadership.
- Developed concussion education and management presentations for athletes and parents.

Inpatient and Outpatient Spinal Cord Rehab

April – June 2017

Lyndhurst Centre Toronto Rehab Institute, Toronto, Ontario

Student Fieldwork Experience Level III

- Worked with spinal cord injury patients to provide treatment, ongoing assessment and discharge planning to contribute to patient's increased independence in daily activities.
- Collaborated with an interprofessional health care team to optimize quality of patient care.

Pediatric Educational Centre

November – December 2016

Zareinu Educational Centre, Toronto, Ontario

Student Fieldwork Experience Level II

- Provided individualized treatment to children with physical and cognitive needs.
- Collaborated with other healthcare professionals to achieve interdisciplinary goals.

Acute Care General Medicine/Nephrology

April – June 2016

St. Joseph's Hospital, Toronto, Ontario

Student Fieldwork Experience Level I

- Worked within an interprofessional healthcare team to provide treatment and support safe transitions in care, including discharge planning.
- Developed expertise in administering standardized cognitive assessments.

AWARDS/CERTIFICATIONS

- Occupational Therapy; Concussion Rehabilitation
 - 2022 University of Toronto Occupational Therapy Alumni Achievement Award
 - Medical Professional Concussion Awareness Training Tool (CATT) Certification
 - University of Calgary: MOOC Concussion: prevention, detection, and management
 - Dr. Colleen Carney: CBT for Insomnia
 - Joan Togli: Optimizing Functional Cognition and Executive Function: Assessment and Intervention Strategies.
 - SafeTALK Suicide Alertness Training Certificate
 - Introduction to Life Coaching Certificate
 - Holland Bloorview Kids Rehabilitation Hospital: Exemplary Volunteer Recognition Award (2017)
- Certified Personal Training; Perinatal Health
 - Canadian Society of Exercise Physiology: Certified Personal Trainer Certification
 - Canadian Society of Exercise Physiology: Exercise and Pregnancy
 - Bloom Physiotherapy: Pregnancy and Early Postpartum Workshop
 - Munira Hudani Physiotherapy: Diastasis Rectus Abdominis and the Postpartum Core