



Arden McGregor, MA, C.Psych, CBIST
Psychologist / Executive Director

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Experience:

- 2013 - Present **Psychologist / Executive Director, Brainworks, Muskoka, ON**
Clinical Responsibilities: Psychological consultation, assessment and treatment; rehabilitation consultation; neurobehavioural program development; individual rehabilitation program planning; training, supervising and clinically directing therapists
Executive Director: Overall responsibility for organizational direction and culture, personnel decisions, approval of policies, programs and all financial and legal matters; as chair of the senior management group, directly supervises all managers, personal assistants and selected clinical staff and is the company's official spokesperson.
- 2003 - 2013 **Psychological Associate / Executive Director, Brainworks, London, ON**
(same responsibilities as above)
- 2001 - 2003 **Psychological Associate / Neurobehavioural Consultant, Disability Management Associates, London, ON**
Responsibilities included: Neurobehavioural assessment, consultation and treatment; cognitive-behavioural intervention; clinical direction and supervision of rehabilitation therapists; co-development and implementation of a multi-disciplinary chronic pain rehabilitation program
- 1992 - 1998 **Neurobehavioural Specialist, Brain Injury Outreach Program, Parkwood Hospital, London, ON**
Responsibilities included: Consultation, education, support and training to community service providers on behalf of individuals with brain injuries in Southwestern Ontario; consultation, education and training in the area of behavioural assessment and intervention to professionals and family members concerned with brain injury rehabilitation;

administration and scoring of psychological and neuropsychological tests as well as assessing the cognitive and/or behavioural functioning of individuals who have acquired brain injuries; establishing and monitoring behaviour change programs; program planning, development and implementation

1993 - 1998

Clinical Coordinator, Brain Injury TEACH Program (Teaching, Empowerment, Advocacy and Client-Directed Habilitation), Parkwood Hospital, London, ON

Responsibilities included: Planning, establishing, reviewing and revising cognitive, psychosocial and behavioural rehabilitation programs; developing custom curriculum; hiring and training rehabilitation therapists, directing and supervising rehabilitation therapists in the implementation of programs; providing direct services to program participants and to family members in cognitive, psychosocial, behavioural and vocational areas; providing education and counselling to program participants and family members; maintaining appropriate documentation; arranging for and participating in family meetings

1991 - 1995

Psychometrist, Psychologists in Private Practice, London, ON

Responsibilities included: Administration and scoring of psychological and neuropsychological assessments for psychologists in private practice; providing written reports of behavioural observations

1991 - 1992

Psychometrist, Psychology Department, Parkwood Hospital, London, ON

Responsibilities included: Administration and scoring of neuropsychological and psychological tests on patients and clients with acquired brain injuries, spinal cord injuries and chronic pain; providing biofeedback and relaxation training to chronic pain patients; participation in the education of families, research assistants, post doctoral psychology interns and students of a variety of health disciplines

Education:

1989 - 1991

Master of Arts, Applied Psychology, The Ontario Institute for Studies in Education / University of Toronto (APA, OPA accredited program)

1985 - 1989 **Bachelor of Arts (Honours)**, Specialized Major in Psychology, York University. *Awards included: Entrance Scholarship, In-Course Scholarship, Dean's Honour Roll, Master's Honour Roll, Master's Award for Academic Excellence*

Certifications:

2013 - Present **Registered Psychologist**
College of Psychologists of Ontario
Certificate # 5324

2013 - 2015 **Registered Psychologist**
Newfoundland and Labrador Board of Examiners in Psychology
Certificate # 426

2014 - Present **Certified Professional Counsellor (CPC)**
Professional Association of Christian Counsellors and
Psychotherapists (PACCP), Certificate # 20140104

2002 - Present **Certified Brain Injury Specialist Trainer**
(Formerly Clinical Instructor and Clinical Examiner)
Academy for the Certification of Brain Injury Specialists
Registration # 446

2012 - 2014 **Designated Capacity Assessor**
Substitute Decisions Act, 1992
Capacity Assessment Office, Ministry of the Attorney General

1998 - 2013 **Registered Psychological Associate**
College of Psychologists
Certificate # 3303

Professional Presentations:

- Well over 150 formal presentations to hundreds of professionals concerned with brain injury, chronic pain, rehabilitation and behavioural interventions. Education sessions have been presented at local, provincial, national and international conferences; hospitals, nursing homes, long-term care facilities, brain injury associations, home care agencies, community support services, nursing agencies, schools, colleges and universities
- Multiple presentations at client/family support groups on a variety of practical rehabilitation topics
- Frequent contributor to professional rehabilitation publications

Professional Highlights:

- Named the YWCA Muskoka Woman of Distinction for Entrepreneurship and Innovation in 2014
- Named the Ontario Brain Injury Association's Professional of the Year in 2014
- Over twenty-six years of experience providing psychological counselling / consulting and rehabilitation services in Ontario
- Extensive experience with Ontario's Statutory Accident Benefits Schedule

Professional Memberships:

- Ontario Brain Injury Association
- Canadian Pain Coalition
- Ontario Association of Psychological Associates
- Vocational Rehabilitation Association of Canada (formerly Canadian Association of Rehabilitation Professionals)
- Brain Injury Association of London and Region
- Brain Injury Association of North Bay and Area
- Camp Dawn (past board member / founding partner)
- Ontario Brain Injury Neurobehavioural Network (past member of the Standards Committee)
- Professional Association of Christian Counsellors and Psychotherapists
- American Association of Christian Counsellors

Professional Development:

- 2017 **The Barbara Wand Seminar in Professional Ethics, Standards and Conduct**, College of Psychologists of Ontario, Ottawa, ON
- Using Technology Safely and Ethically in Clinical Practice - Christine Korol
 - Tricky Issues in Clinical Practice - Rick Morris
 - Best Practices and Methods in Online Treatment - Christine Korol
- 2017 **Brainworks Clinical Staff Training Day**, Brainworks, Huntsville, ON
- Using HRV Biofeedback and Neurofeedback in Community Based Rehabilitation - Andrea Groomes, BSW
 - Enhancing Rehabilitation with Community Resources - Sara Christensen,
 - Helping Rehabilitation Team Members Equip Themselves with Creative and Unique Supports - Jody Downie, MSW
 - Crisis Management Planning - Dike Onouha, BSW, RSW
 - Strategies for Managing Depression - Dike Onouha, BSW, RSW
 - Introduction to Identifying and Changing Core Beliefs in People Who Have Sustained a Serious Injury - Stephen White, MA, CPsych

- 2017 **A Year in Review: Understanding the Impact of the SABS Changes, Practical Strategies Webinar, PIA Law**
- 2017 **Webinar Series for Muse Professionals: In Conversation with Dr. Kay Loveland, Muse**
- 2017 **Every Penny Counts: Insure Your MVA Accounts are Paid & Clients' Accident Benefits are Protected!, Ontario Rehab Alliance Webinar**
- 2017 **Medical Marijuana: What Health Care Professionals Need to Know, Oatley Vigmond, Barrie, ON**
- The Use and Abuse of Medical Marijuana, Dr. Lionel Marks de Chabris
 - Medical Marijuana: The Legal Issues, Adam Little
 - Legitimizing a Medical Marijuana Claim for AB and Tort Claims, Bob LaBrecque and Bill Kirwin
 - Panel: Marijuana and Other Drugs: How they Impact Therapists, Ryan Murray, Bob LaBrecque, Dr. Lionel Marks de Chabris, Bill Kirwin
- 2017 **Webinar Series for Muse Professionals: In Conversation with Sachin Patel, Muse**
- 2017 **An Interactive Exploration and Implementation of Muse: The Brain-Sensing Headband Webinar, Laura Sniderman, Muse**
- 2016 **OAPA 2016 AGM & Conference, "The Future of Psychotherapy", Dianne Hartwick, OAPA Member Services**
- OAPA - President's Report by Michael Decaire
 - Muse - The Brain Sensing Headband by Dr. Graeme Moffat, Muse
 - Progress Monitoring in Therapy: On-going Assessment of Mental Health Systems and the Therapeutic Alliance by Dr. Rylie Moore - Centre for Addiction and Mental Health (CAMH)
 - Demo: Digitally Measuring Client Progress Using Greenspace by Jeremy Weisz - Greenspace Metal Health
 - FLEX Psychology by Michael Decaire - OAPA
- 2016 **Brainworks Clinical Staff Training Day, Brainworks, Huntsville, ON**
- eRehabilitation A Platform to Expand the Rehabilitation Toolkit - Dennis Radman
 - Innovations, Inroads and Ingenuity: A cooperative and communicative approach to establishing client centred rehabilitation therapy strategies
 - Interactive Dialectical Behavioural Therapy Skills - Jody Downie
 - Empirically Supported Treatments for PTSD - Arden McGregor
 - Managing Post Traumatic Fatigue and Empowering Clients to Self-Identify as a Brain Injury Survivor - Alexa Morden
 - Addressing Sleep Disturbances in Community Based Rehabilitation - Dennis Radman

- 2016 **Practice-Based Dialectical Behaviour Therapy, Presented by Lane Pederson, PsyD, DBT Mental Health Services, Toronto, ON**
- 2016 **Practical Strategies for Experts: Testifying Without Fear, PIA Law**
- Welcome and Introduction, Co-chairs: Aleks Mladenovic, Dale Orlando, Troy Lehman
 - The Law of Expert Evidence and Report Writing, John McLeish
 - Preparing for Examination in Chief of the Expert, Craig Brown
 - The Top 10 “Do’s and Don’ts” of Expert Evidence: A View From the Bench, The Honourable Justine Mary Anne Sanderson
 - Panel: Cross Examining the Neuropsychologist - The Anatomy of a Brain Injury, Tearing down the foundation of the Expert Opinion, Brian Cameron, Dr. Paul Comper, Dr. Karen Wiseman
 - Demonstrative Evidence: Bringing Expert Evidence to Life, Troy Lehman
 - Trial Demonstration: Examination in Chief and Cross Examination of the Life Care Planner, Aleks Mladenovic, Dimple Mukherjee, Patrick Brown, Richard Halpern
 - The Top 10 Tips to Relieve Your Anxiety About Testifying, Dr. Robert Van Reekum, Adam Little
 - Ask the Experts, Dale Orlando, Aleks Mladenovic, Troy Lehman
- 2016 **Ontario Rehab Alliance Fall Workshop, Oatley Vigmond LLP, Barrie, ON**
- Welcome, Introductions, & ORA Update by Laurie Davis, Executive Director, ORA
 - Town Hall Round Table on “Life After June 1st SABS Changes” by Laurie Davis, Event Facilitator and Tracy Milner, Panel Moderator
- 2016 **Brain Injury Canada 13th Annual Conference, Supported by Dr. Daniel C. Andreae, University of Toronto, Toronto, ON**
- Repetitive Brain Injuries: My Journey to Alternative Treatments by Anthony Aquan-Assee
 - An Unexpected Fork in the Road, An Unexpected Fork in the Road by Michelle Bartlett
 - Fear or Awe - Life After a TBI by Jonathon Ross Goodman
 - Financial Management After Brain Injury by Lisa Engel
 - Substance Abuse Impedes Recovery of Attention After Moderate - Severe Brain Injury by Alana Tibbles
 - How the Neuroscience of Music Has Shaped Clinical Applications for Brain Rehabilitation by Dr. Michael Thaut
 - Fallen: A Musical Journey of Trauma and Recovery by Karen Stanley, Simon Paradis and Joe Stanton
 - Music Therapy: Working Towards Functional Rehabilitation Goals Following an Acquired Brain Injury by Cheryl Jones
 - Survivor Story - Concussion Awareness by Angela Chao
 - Return to Productive Leisure - Art as Therapy by Cecile Proctor
 - Ontario’s First Patient Ombudsman by Christine Elliott
 - Cognition After Serious Brain Injury: What Has Neuroimaging Told Us? by Dr. Adrian Owen
 - Survivor Showcase - Inspirational Stories of Resilience after TBI by Stephen Gregory

- Investigating Self-Reported Versus Objectively-Measured Sleep Disturbance in Youth with Concussion by Ivona Berger
 - Managing Life After Brain Injury by Sergio Di Giovanni
 - Brain Injury and Stigmas by Betty-Ann Buott and Mark Selvidge
 - Energy Drinks, Alcohol and Traumatic Brain Injuries among Adolescents by Dr. Michael Cusimano
 - Recognizing the Symptoms of Mental Illness Following Concussions in the Sports Community: a Need for Improvement by Stanley Zhang
 - Sleep in the Early Stages of ABI by Caroline Arbour
 - The Time is Now, Your Brain is How: Concussion Education for Young Adults by Somerleigh Lasko
 - Update on Development and Implementation of the INESSS-ONF Clinical Practice Guidelines for the Rehabilitation of Adults with Moderate to Severe Traumatic Brain Injury in Canada by Mark Bayley
 - Examining the Similarities in Self-Reported Symptoms in Chronic Whiplash and Post-Concussion Syndrome by Dr. Cameron Marshall
 - Anytime, Anywhere, Anyone - A Brain Injury Does Not Discriminate by Suzanne McKenna
 - Canadian Traumatic Brain Injury Research Consortium by Dr. Rick Riopelle
 - New Neuroplastic Approaches to Brain Injury by Dr. Norman Doidge
 - Person injury Practice in 2020 by Charles Gluckstein
- 2016 **The Dawn of a New Day: Understanding the “Catastrophic” Impact of the coming SABS Changes, Webinar, PIA Law**
- 2016 **CBIST Train the Trainer Session - Introduction to the New ACBIS Curriculum, Webinar, Presented by Brain Injury Association of America**
- 2016 **An Introduction to Neurobehavioral Rehabilitation with Selected Case Examples, Webinar**
- Dr. Sharon Jankey - Clinical Director, ABI Behaviour Services - West Park Healthcare Centre
 - Kelley Anstey - Behaviour Therapist, ABI Outreach Behaviour Services - West Park Healthcare Centre
 - Struan Cardoso - Behaviour Therapist, ABI Outreach Behaviour Services - West Park Healthcare Centre
 - Julie Osbelt - Referral Coordinator, Toronto ABI Network
 - Moderator: Linda Ngan, Project Manager, Toronto ABI Network
- 2015 **Practical Strategies, What you need to know about Accident Benefits heading into 2016, Webinar, Presented by PIA Law**
- 2015 **AACC World Conference, Nashville, TN**
- **The Aging Brain: How to Slow Aging and Maintain a Healthy Brain,** Timothy R. Jennings, MD
 - **A Practical Taste of Dialectical Behavior Therapy (DBT),** Heidi, Vermeer-Quist, Psy.D
- 2015 **Acquired Brain Injury (ABI) and the Justice System, The**

- District of Parry Sound Human Services Justice Coordinating Committee and the Canadian Mental Health Association, Muskoka-Parry Sound Branch, Parry Sound, ON
- 2015 **Rehabilitation Challenges of the Invisible Injury, Toronto, ON**
- **Compassion Fatigue** by Diana Tikasz
 - **Connecting the Dots- Pain, Depression and Cognitive Impairment** by Allan Walton
 - **Treating the Post Traumatic Headache** by Dr. Mark Gawel
 - **Challenges of Assessing and Rehabilitating the Mild Brain Injury** by Dr. Chanth Seyone
 - **The Diagnosis and Treatment of Chronic Pain Disorders** by Dr. Allan Gordon
 - **Differentiating Somatoform Disorder, Factitious Disorder and Malingering** by Dr. Gnam
- 2014 **5th Annual Brainworks Breakfast Seminar, London, ON**
- Keynote Address and Discussion: Dollars and Sense - Financial Implications and Intervention Post-Injury*, Jeffery R. Lewis, CPA, CA, CIRP, FCCA(UK), Bob LaBrecque, Riley Prossler, MSW, RSW, London, ON
- 2014 **Brainworks Staff Education Day, Brainworks, London**
- **Post-Traumatic Stress Disorder**, Dr. Jacqueline McKinnon
 - **ACRM Cognitive Rehabilitation Guidelines**, Alexa Morden
 - **Cogmed, Working Memory Training**, Deb Crunican and Lani Saarkoppel
- 2014 **Brain Injury Association of Canada Conference, Gatineau, QC**
- Keynote Presentations:*
- **Identity Theft: Who Am I After Brain Injury?** A Dr. Dan Andreae Brain Injury Lecture prep'd by Daniel Bax
 - **"Reaching for the Stars"- Survivor Story**, Enrico Quilico
 - **From Grassroots to Key Decision Makers**, Dr. Dan Andreae, Advocacy for Brain Injuries
 - **Development and Implementation of a Clinical Practice Guideline for the Rehabilitation of Adults with Moderate to Severe Traumatic Brain Injury in Québec and Ontario**, Dr. Bonnie Swaine
 - **Breaking Barriers**, Jason Harps, Justin McKenna, Richard Theriault
 - **The Strategy for Patient-Oriented Research: Why Patient Engagement is More Than a Moral Obligation**, Dr. Jeff Latimer
 - **Biomarkers and Treatments for Concussion: From Bench to Field Side**, Sandy Shultz
 - **Becoming a Hope-Focused Therapist in Brain Injury Rehabilitation**, co-presenter with Dennis Radman
 - **The Greatest Challenges Families Face After Brain Injury & How to Overcome Them**, Dr. Jeffrey S. Kreutzer
- 2014 **Ontario Rehab Alliance Breakfast Workshop, Toronto, ON**
- **Impact of Attendant Care Benefit Change**, *Yasmin Klement*

- 2014 **Hospital to Home: The Continuum of Care After Spinal Cord Injury Conference, Oatley Vigmond, Toronto, ON**
Keynote Address: Repair and Regeneration of the Injured Spinal Cord: An Update on Clinical, Translational Research, Dr. Michael G. Fehlings
- Nutrition and Spinal Cord Injury, Joanne Smith & Kylie James
 - Where to go Looking for Funds Other than Underneath the Couch Cushions, Sheri Upper
 - Management of Acute Neuropathic Pain, Dr. Paul Tumber
 - Management of Chronic Neuropathic Pain for SCI Patients, Dr. Angela Mailis-Gagnon
 - The Application of Spine SBRT for Spinal Metastases: A New Paradigm in Management, Dr. Arjun Sahgal
 - Upper Limb Rehabilitation Robotics in the Spinal Cord Population, José Zariffa
 - Panel Discussion: Life after a Spinal Cord Injury, Moderator: James Vigmond; Panel: Dan Harvey, Ryan Morrison
 - Exercise Programs Available After Discharge, Dr. David Ditor
 - Panel Discussion: Planning the Discharge Home, Moderator: Patrick Brown; Panel: Jeff Baum, Holly Mo, Lori Epstein
- 2013 **2013 Acquired Brain Injury Provincial Conference: Inspiring Hope, Enhancing Lives after Brain Injury, Niagara Falls, ON:**
- Keynote Presentations:
 - Coping Strategies after Brain Injury by Dr. Donald Stuss
 - Empathy, Energy & Balance for Professionals and Family Caregivers by Janet Cromer, R.N.
 - The Brain as a Social Organ: How This Might Be Impacted Following a Brain Injury by Dr. Louis J. Cozolino
 - Communicating with Patients in a Persistent Vegetative State by Dr. Adrian Owen
 - Choosing Hope in Brain Injury Rehabilitation, co-presenter with Barb Hartwick
 - Care to Share: A Psycho-educational group for ABI Caregivers, Dr. Steve Jett and Jessica Wood
 - Restoring Intimacy and Sexuality after Brain Injury, Janet Cromer
 - You're going home; What Now? Dr. Omar Ghaffar, Steve Mathew, and Carol Harren
- 2013 **2013 World Conference: American Association of Christian Counsellors, Nashville, TN:**
- Boundaries for Leaders, Henry Cloud
 - Establishing a Six Figure Income Through Coaching, Christopher McCluskey
 - Exposure Treatments and Techniques for Anxiety Disorders, Linda Mintle
 - Gratitude Works: How Gratitude Heals, Energizes and Transforms, Robert Emmons
 - How to Hope Instead of Cope: A New Paradigm for Therapeutic Intervention, Margaret Nagib
 - The Healing Power of Scripture Memory and Meditation, Kathryn Steele

- 2013 **Auto Insurance: Overcoming Challenges in a Challenging System**, Oatley Vigmond, Barrie, ON:
- The MIG, Brian Cameron, Steven Smyth
 - Panel: **Social Media - The Good, The Bad and The Ugly**, Adam Little, Ginn Henninger, Brett Rigby, Ted Chadderton
 - **Challenging CAT Clients: Case Studies**, Dr. Harold Becker
 - **Do I Have a Case?**, Troy Lehman
 - Panel: **Competency/Capacity**: Robert Durante, Louise Silverston, Lori-Ann St. Louis, Brian Cameron
- 2013 **Emerging Trends in Auto Insurance for Health Care Professionals** (webinar), Roger Oatley, James Vigmond, Marva Harriott-Stewart (Oatley Vigmond); John McLeish, Dale Orlando, Alanna Strlic (McLeish Orlando LLP); Barb Sulzenko-Laurie (Insurance Bureau of Canada)
- 2013 **Disability Sport**, Dr. Emilie Newell, Psychiatrist, Brainworkshop Series
- 2013 **Expanding Your Clinical Presence through Social Media**, Dennis Radman and Tami Nestor, Brainworkshop Series, Brainworks
- 2013 **New Developments in Auto Insurance Law Impacting You and Your Clients - Practical Strategies for Health Care Professionals** (webinar), presented by Oatley, Vigmond LLP
- 2013 **Achieving Balance After Brain Injury Conference**, Brain Injury Association of Windsor & Essex, Windsor, ON. (Presenter)
- 2013 **Internal Controls: Quality Assurance**, Tami Nestor, Brainworkshop Series, Brainworks, London, ON
- 2012 **Accessibility Standards for Customer Service Training**, Gary Davies, Brainworkshop Series, Brainworks
- 2012 **Health and Safety for the Rehab Professional**, Becky Rae, Brainworkshop Series, Brainworks
- 2012 **The Therapist as Chameleon: Adaptive Networking**, presenter, Brainworkshop Series, Brainworks
- 2012 **Pain Week Conference**, Las Vegas, Nevada
- 2012 **Brain Injury: A Family Perspective**, Chris Papastamos, Brainworkshop Series, Brainworks

- 2012 **Fostering Efficiency and Flexibility in Your Psychology Practice**, Michael Decaire, OAPA Conference and Annual General Meeting, Toronto, ON
- 2012 **Working with the Ontario Automotive Insurance Changes: Practical Strategies for Health Care Professionals** (Webinar), Roger Oatley and James Vigmond from Oatley, Vigmond Personal Injury Lawyers, and John McLeish and Dale Orlando from McLeish, Orlando Personal Injury Lawyers
- 2012 **Auto Insurance Conference: New Changes, New Issues**, Oatley Vigmond, Barrie, ON
- 2012 **OIAA Annual Provincial Claims Conference**, London, ON
- 2012 **Working with the Ontario Automobile Insurance Changes: Practical Strategies for Health Care Professionals** (Follow-up Webinar), Roger Oatley and James Vigmond from Oatley, Vigmond Personal Injury Lawyers, and John McLeish and Dale Orlando from McLeish, Orlando Personal Injury Lawyers
- 2012 **New Frontiers in Psychological Assessment: Telemental Health Via Video**, James O'Halloran, Ph.D., CEO of NeuroComp.com and Marlene M. Maheu, Ph.D., Executive Director of the Telemental Health Institute
- 2011 **Brainworks Breakfast Seminar**, London, ON:
Keynote Address and Panel Discussion: Understanding and Resolving Cultural Barriers: Rehabilitation Within Arabic Speaking Communities, Faisal Joseph, Dr. Nidaa Khalil, and Abe Ibrahim
- 2011 **Brainworks Staff Day**, London, ON:
- **Funding Options for Injured Clients**, Bob LeBrecque, BridgePoint Financial
 - **How to Succeed as a Rehabilitation Professional in Challenging Times**, Steve Wilpstra
 - **AODA Legislation Impact on Rehabilitation Service Delivery**, Gary Davies
 - **eRehabilitation: An Emergent Tool in Rehab Service Delivery**, presenter
 - **Rehabilitation Best Practices: Administrative Details are a Part of Client Care**, Lynne Gerrits
 - **How to Best Serve Clients via our Documentation**, Lani Saarkoppel
 - **CBIS Certification: Becoming a Brain Injury Specialist**, Dennis Radman
- 2011 **American Association of Christian Counsellors World Conference**

- 2011 **Adjusting to the Ontario Automotive Insurance Changes, Practical Strategies for Health Care Professionals Webinar**
- 2011 **School of Spiritual Direction, NewWays Ministries (completed the full 7-day intensive school taught by Dr. Larry Crabb)**
- 2011 **Canadian Pain Society National Conference, Niagara Falls, ON:**
- **While Treating Mind and Body, Don't Neglect the Soul: Incorporating Spirituality into the Assessment and Treatment of Chronic Pain, co-presented with Chris Papastamos**
 - **A Missing Piece in the Pain Puzzle: Exploring Pain-related Sleep Difficulties, Dr. Colin Shapiro**
 - **Restoring Relief: Optimizing the Use of Opioids in the Management of Chronic Pain, Dr. Roman Jovey, Dr. Gavril Pasternak, Dr. Peter Lin, Dr. Joseph Pergolizzi**
 - **First Anniversary of the Canadian Opioid Guideline - Maintaining Momentum, Dr. Andrea Furlan**
 - **Historical Milestones in Pain: A Canadian Journey that Sometimes Hurts, Dr. Mary Ellen Jeans**
- 2010 **Brainworks Sleep Seminar, London, ON:**
- Keynote Address: Sleep As a Goal of Rehabilitation Rather than a Barrier, Dr. Jennifer Barr, London Health Sciences Centre*
- **Cognitive-Behavioural Therapy for Sleep Disturbance in Clients with Brain Injury, Tami Nestor and Dr. Sarah Vernon-Scott**
- 2010 **Communication for the Rehabilitation Professional, Chris Papastamos, Brainworks Staff Day, London, ON**
- 2010 **Pain Week: The National Conference on Pain for Frontline Practitioners, Las Vegas, Nevada:**
- Symposium: Practical Approaches to Recognizing and Managing Breakthrough Cancer Pain, the Nature of Placebo Analgesia**
- **Essential Ingredients of Self-Management**
 - **Courage to Change: Tools for Helping Patients Embrace Self-Management and Identify Strengths for Change**
 - **Application of the Transtheoretical Model of Change in Coaching Chronic Pain Patients**
 - **"Cure Me, or I Give Up!" The Role of Acceptance in Patient Self-Management**
 - **Fibromyalgia and Sleep Scientific Assembly**
 - **Progressive Muscle Relaxation**
 - **Acceptance and Commitment Therapy Skills**
 - **Chronic Pain and Depression**
 - **Effective Communication for Fear and Pain Reduction**
 - **Mind/Body Techniques for Relief of Chronic Pain**

- 2010 **Practical Strategies for Health Care Professionals Webinar - Ontario Automotive Insurance Changes (Update)**, Oatley, Vigmond Personal Injury Lawyers, and McLeish, Orlando Personal Injury Lawyers
- 2010 **Substance Use and Brain Injury Workshop: Managing Care in the Community**, Tim Godden, Centre for Addiction and Mental Health, and Carolyn Lemsky, Community Head Injury Resource Services of Toronto
- 2010 **Practical Strategies for Health Care Professionals - Ontario Automotive Insurance Changes**, Oatley, Vigmond Personal Injury Lawyers, and McLeish, Orlando Personal Injury Lawyers
- 2010 **Brain Injury Business Practice College**, Brain Injury Association of America, San Antonio, Texas
- 2009 **Brainworks Pain Seminar**, London, ON:
Keynote Address: Easing Chronic Pain: Medical, Legal and Psychological Perspectives, co-presenter with Dr. Dwight Moulin, University of Western Ontario, and Mr. Jim Mays, Siskinds LLP
- 2009 **Brainworks Staff Day**, London ON:
 - **Implementing Healthy Habits: Being Your Own Case Manager**, Tami Nestor
 - **Resiliency for the Rehabilitation Professional**, Human Solutions
 - **Documentation and Report Writing for the Rehabilitation Professional**, Dennis Radman
- 2009 **From Recovery to Discovery: A Christian Conference for People Affected by Acquired Brain Injury**, Mississauga, Ontario
- 2008 **10 Strategies for Managing a Mobile and Remote Workforce**, GotoMeeting Corporate, Terrance Gargiulo, Eric Bensley, Michael Krieger
- 2008 **Moving Forward: Designing a Behavioural Activation Program for People with Brain Injuries**, Dr. Sarah Vernon-Scott, Brainworks
- 2008 **You're The Expert: A Legal Perspective on Rehabilitation**, Rein Lomax, Lomax Law Firm
- 2008 **The Effects of War on Veterans and their Families after Deployment**, Disaster Response Network Committee, Dr. Jacques Gouws

- 2008 **Teachable Moments: Grabbing Opportunities for Rehabilitation Progress**, Dennis Radman, Brainworks
- 2008 **From Recovery to Discovery: A Christian Conference for People Affected by Acquired Brain Injury**, Crossroads Centre, Burlington Ontario
- 2008 **The Role of Applied Behaviour Analysis in Brain Injury Rehabilitation**, David L. Strauss Memorial Lecture presented by Joanie Willard and Serra Langone from the May Institute
- 2007 **Brain Injury Association of London Annual Conference**
- 2007 **Middlesex Mental Health Court**, Presentation by Assistant Crown Attorney, John Hanbidge
- 2007 **Canadian Forces Recruitment Processes, Co-op Opportunities for Those with Disabilities**, Presentation by Sgt. Peter Larue
- 2007 **Goal Setting**, Brainworks, London, ON
- 2007 **Connecting Solutions: 1st National Case Management Network of Canada Conference**
Marriott Toronto Airport, Toronto, ON
- 2007 **How to Manage Emotional Clients**, Kristin Graham
London Claims Association, London, ON
- 2006 **Therapeutic Recreation and Leisure Interventions in Rehabilitation**, Brainworks, London, ON
- 2006 **Integrated Rehabilitation: Combining Current Advances and Evidence into Daily Rehabilitation Practices**, Brainworks, London, ON
- 2006 **Practical Magic - Concrete Strategies for the Effective Support of Survivors and Family Caregivers**, Annual conference of the Brain Injury Association of London and Region, London, ON
- 2006 **Agging and Acquired Brain Injury**, David L. Strauss Memorial Lecture Series, American Academy for the Certification of Brain Injury Specialists, London, ON
- 2006 **“Here We Go Again” - 2006 Accident Benefits Changes**, Mariette St. Pierre, London Claims Association, London, ON

- 2005 **Pain Disability Prevention Program**, University Centre for Research on Pain and Disability, Dr. Michael JL Sullivan, London, ON
- 2005 **Life and Practice after the Death of DAC's: A Health Practitioner's Guide**, Brain Injury Association of London Region, London, ON
- 2005 **Suicide Awareness**, Trix Van Egmond, Canadian Mental Health Association
- 2005 **Practical Problem Solving in Rehabilitation Service Delivery**, Brainworks, London, ON
- 2005 **Challenging Issues in Rehabilitation**, Brainworks, London, ON
- 2005 **Professional Issues in Rehabilitation Service Delivery**, Brainworks, London, ON
- 2005 **Parasympathetic Pathways to Health**, (Advanced Workshop) Canadian Society of Clinical Hypnosis (Ontario Div.)
- 2005 **Making a Team Work Conference**, Brain Injury Association, London, ON
- 2005 **Bill 198 / An Effective Rehabilitation Model: Working on a Community-Based Team**, Brainworks, London, ON
- 2005 **Community-Based Practice Update**, Brainworks, London, ON
- 2005 **Conducting Therapy for Adults with Acquired Brain Injuries (Neuropsychotherapy)**, Canadian Psychological Association Clinical Practice Update 2005: Health Psychology
- 2005 **Psychological Practice with Canada's Largest Minority Group: Working with Adults with Physical Disability and Chronic Illness**, Canadian Psychological Association Clinical Practice Update 2005: Health Psychology
- 2004 **Clinical Hypnosis**, Two-day introductory program through the Canadian Society of Clinical Hypnosis (Ontario Div.)
- 2004 **One Step Forward, Two Steps Ahead: Walking the Brain Injury Continuum**, Acquired Brain Injury Network of Southwestern Ontario

- 2004 **Beyond Barriers: Effective Transitions**, Brain Injury Association of London Annual Conference
- 2004 **Learning to Help...Helping to Learn**, 11th Annual Conference on Neurobehavioural Rehabilitation in Acquired Brain Injury: Hamilton Health Sciences
- 2003 **Cognitive Behavioural Therapy for Generalized Anxiety: Learning to Tolerate Uncertainty and Emotional Arousal**
- 2003 **The Potential Implications of Bill 198**, Lerner, LLP
- 2003 **Practical Strategies for Meeting the Challenges in Rehabilitation for Individuals with Traumatic Brain Injury**, Dr. Mark Ylvisaker and Dr. Tim Feeney
- 2003 **Neurotrauma: Spinal Cord Injury & Acquired Brain Injury & Bill 198 Auto Insurance**, Legate & Associates
- 2002 **It Takes a Community, Developing an All-Star ABI Team**, Brain Injury Association of Chatham Kent, Annual Conference
- 2002 **Williamsburg Virginia Traumatic Brain Injury International Conference**
- 2002 **Navigating Return to Work with Chronic Pain Patients: A Practical Collaborative Approach**
- 2002 **Chronic Pain Disorder: Diagnosis and Treatment**
- 2001 **Third InterUrban Acquired Brain Injury Conference**
- 2001 **Williamsburg, Virginia Traumatic Brain Injury International Conference**
- 2001 **Coping with Bill 59: A Pediatric Perspective**