

Katherine Mackenzie

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SUMMARY OF QUALIFICATIONS AND RELEVANT SKILLS

- Registered Psychotherapist (CRPO) with 7 years of clinical experience providing client centered, culturally sensitive, in person and virtual/ tele therapy to individual clients
- 4 years of experience planning, implementing and evaluating of the art therapy program at a residential addictions and mental health facility
- Member of Ontario Expressive Art Therapy (OEATA) and Canadian association for Psychodynamic therapy (CAPT)
- Extensive experience maintaining confidential documentation as well as previous experience working within interdisciplinary teams and in medical settings.
- Strong skills in establishing rapport, engaging clients and maintaining a professional relationship while prioritizing client objectives and goals
- Recent Vulnerable sector clearance

EMPLOYMENT HISTORY

Private Practice, 720 Spadina Ave, Toronto – 2018 - current

- Managed psychotherapy client caseload including documentation, administration, finances and scheduling of clinical services. Offered relational, client-centered care using anti-oppressive trauma informed framework; assessing, prioritizing and addressing symptoms and difficulties related to addictions, depression, anxiety, grief, relationships, sexuality and gender.

Trafalgar Residence, Rice Lake & Erin – 2018 - 2023

- Provided programming for two weekly art therapy groups for patients recovering from addiction, PTSD and concurrent mental health disorders. Managed all aspects of programming, including documentation, supplies and treatment planning within an interdisciplinary team.

OPC Associate, 43 Madison ave, Toronto - 2016- 2018

- Managed psychotherapy client caseload including documentation, administration, finances and scheduling of clinical services while under supervision of the training supervisors.

Self-Employed Massage Therapist, Guelph Naturopathic Medical Clinic, Guelph, Ontario - 2013- 2017

- Managed all aspects of business including administration, finances and scheduling of clinical services. Offered client-centered rehabilitation care; assessing, prioritizing and addressing physical, social and emotional issues related to injury and illness.

Senior Rehab Prosthetic Ortotic Technician - 2008-2012

Ottobock Health Care, On / Yorkhill Children's Hospital, Scotland / Glenrose Rehabilitation Hospital, AB

- Responsible for patient management, designing customised prosthetics, orthotics and seating devices.

EDUCATION

Psychodynamic Psychotherapy Diploma Psych, Ontario Psychotherapy & Counseling Program - 2018

- Integrate and apply theory, practice and framework of psychotherapy. Carry out assessment, case history, and clinical formulation while fostering a strong therapeutic relationship using active-listening and uncovering and supportive interventions to maintain the patient's continued wellbeing.

Introduction to Expressive Arts Therapy Certificate, The Create Institute - February 2018

- Experiential learning on the principles and practice of expressive arts therapy as used in individual and group therapy for self-expression and creative learning with a special focus on the therapeutic relationship.

Prosthetics & Orthotics Technical Diploma, George Brown College, Toronto, ON - May 2009

O.S.S.D, Grimsby Secondary School, Grimsby, ON - June 2004

- Completed French Immersion, received Silver Academic Award, exceeded 700 hours of volunteering.