

Jasveen Kaur, OT Reg. (Ont.)

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Experienced Occupational Therapist with expertise in private practice, hospitals, social services, insurance companies, and in-home & community care. Possess exceptional communication, assessment, treatment, report writing, counseling, mediation, dispute resolutions, patient safety, and risk management skills. Proven ability to coach and mentor clients and other healthcare professionals to help them reach their goals or common goals of the healthcare team. Currently mentoring a cohort of MSc. OT students at the University of Toronto.

Education:

- Management in Health and Social Care (Post graduate diploma), 2011, Oxford Brookes University, UK
- B.Sc(Hons) Occupational Therapy, 2003, University of Delhi, India.
- PIECES program, TC-LHIN
- BrainFx neuro-cognitive skills assessor
- CBT skills for Occupational Therapists- Level 1 CAOT May 2022
- PGAP provider
- Motivational Interviewing Skills
- Trauma-Informed care – Healing trauma with Dr. Peter Lavine
- OT Pioneers in Pelvic Health, Lindsay Vestal's course
- Coaching for return to work – Tools for occupational therapists to empower clients: CAOT
- MOCA
- Metriks Office Ergonomics Course
- Goal Management Training
- ADP authorizer for Mobility and Positioning devices
- Exercises for a sensitive nervous system, Reframe Rehab.

Experience

Owner of OT Potential: Private practice providing rehabilitation for chronic pain, pelvic health, senior care and mental health conditions like hoarding.

Centre for Rehabilitation and Health, Progressive Goal Attainment Program: Casual contract Oct 2020- present.

PGAP is a CBT-based intervention aimed at assisting employees with psychosocial risk factors in their return to work. The ten-week program focuses on improving functional abilities in accordance with the client's short- and long-term goals, with the overarching goal of supporting a return to work. Clients can also benefit from CBT-based functional activation to improve their occupational performance.

Complex Injury Rehab: Casual contract May 2021- Sept 2022

CIR is a leader in following a brain-based approach to rehabilitation activities & care management. I work within the CIR team to provide highly specialized assessment and treatment services for functional rehabilitation.

Community Occupational Therapist: September 2020- present

I am working casually for VHA rehab solutions and Bayshore Healthcare. I provide OT services to WSIB, OHIP-covered clients, and insurance-funded services. My services include home safety & accessibility assessments and follow-ups, personal care needs assessments and follow-ups, Independent living services, and follow-up services.

MVA assessor: September 2020- December 2022

I provide MVA assessment services to various companies like Q medical and HM Medical. I complete attendant care assessments and cognitive assessments under the SABS regulations. Since September 2020, I have completed over 100 assessments for MVA files.

Care coordinator, Home, and Community Care Support Services, Toronto central, previously TC-LHIN and TC-CCAC: Full-time Dec 2012- October 2021

As a care coordinator, I worked in a variety of hospital and community settings. I began as a hospital coordinator for Sunnybrook Hospital, then to Holland Orthopedic Hospital, and finally to a community care coordinator position. I arranged home care services for the clients to help them complete necessary daily activities. These services aim to prevent functional abilities from deteriorating by arranging rehabilitation services. To record client-related information, the work is done on provincial home care EMR systems such as CHRIS, HPG, and Acute Net agencies, Connecting Ontario, and RMR. Use telehealth technology to connect clients with specialised health care providers and to monitor their health status.

Consultant Occupational Therapist, VHA REHAB SOLUTIONS: Casual contract April 2019- Jan 2021

Worked as an Occupational Therapist in the Central region within the Home and Community Care sector, supporting clients with home safety assessments followed by recommendations for equipment and strategies to improve functional abilities and submitting referrals to community service agencies.

Medical Coordinator, Great West life Assurance Company: Full-time Oct 2011-Nov 2012

Great West Life Assurance Company is Canada's largest life insurance company. They provide various income protection products to employers, employees, and individuals. I was working as a medical care coordinator within Disability Management Services. I provided consulting services to case managers and rehabilitation coordinators to bring about early recovery for claimants on disability-related absences from work, thereby saving on average \$5000.00 per claim on staff time in managing claims, claimant payouts, and efficient services to clients.

Penny Doncaster Occupational Therapy Services: Full-time Aug 2011- Oct 2011

Completed MVA-related insurance assessments, WSIB, and ODSP assessments in the community in the Hamilton/ Niagara area.

Senior Occupational Therapist, Slough Borough Council, United Kingdom: Full-time Aug 2010- June 2011

Team leader, Acute Medical Occupational therapy team, Heatherwood and Wexham Park Hospitals NHS Foundation Trust, United Kingdom. Full-time April 2003-June 2010

Acute care hospital sites within East Berkshire employ more than 3000 staff.

Started 7-day service across acute inpatient units and ER using existing staffing structures. Implemented "The Productive Leader" and "Releasing Time to Care" initiatives within the acute medical department and care of the elderly team, improving operational efficiencies and reducing delayed discharges.

Provided fieldwork placement and preceptorship to OT students from Oxford Brookes, Coventry, and Brunel University.