

JARED DALTON MSW, RSW

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EDUCATION

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|------------|------------------------------------------------------------------------------|-------------|
| PhD | Western University Health and Rehabilitation Sciences: Health Promotion | in progress |
| MSW | Wilfrid Laurier University Individuals, Families and Groups Concentration | May 2012 |
| BA | Redeemer University, Sociology-Social Work (Honours) Minor in Psychology | May 2010 |

TEACHING EXPERIENCE

Kings University, London, ON July 2021-Present
Adjunct professor, School of Social Work

- SW33021: Individual and Family Development

Western University, London, ON Sept. 2015 to April 2019
Lecturer, School of Health Studies

- HS4710: Palliative and End of Life Care
- Developed curriculum, designed evaluation methods, graded student submissions and facilitated student participation in community-based research
- Supervised teaching assistants

Redeemer University, Ancaster, ON Sept. 2006 to April 2009
Teaching Assistant, Department of Sociology and Social Work

- SCW 101 Intro to Social Work
- SCW 215 Intro to Social Work Practice
- SOC 321 Social Research Methods

PRESENTATIONS AND INVITED LECTURES

Invited Lectures

Dalton, J. (November 2019). Continuing bonds and rituals that promote continuity in grief. Ontario Funeral Directors Association, Fall professional development seminar, London, ON.

Dalton, J. (March 2017, 2018). Culturally Competent Counselling with Sexually and Gender Diverse Communities. Althouse College: Counselling Psychology, ED9553: Cross-cultural counselling.

Dalton, J. (February 2014). Social Work Practice with 2LGBTQIA+ Communities. Kings University College: Faculty of Social Work, SW1026: Introduction to social work practice.

Dalton, J. (February 2016). Palliative care and dementia: A psychosocial perspective. Schulich School of Medicine and Dentistry, Geriatric mental health continuing professional development series, London, ON.

Poster Presentations

Koivu, S. & Dalton, J. (November 2015). Precontemplation: A good place to start. Canadian Society of Addiction Medicine, Annual meeting, Calgary, AB.

Dalton, J., Adamson, J. & Rawal, A. (November 2014). Fostering resilience and professional identity through social work field education. Ontario Association of Social Workers, Provincial conference, Toronto, ON.

Paper Presentation

Dalton, J. (2010). Brokenness and hope: Faith and the social sciences, Redeemer University College, Living at the crossroads conference, Ancaster, ON.

PROFESSIONAL EXPERIENCE

Blueprint Counselling and Consulting, London, ON Sept. 2016 to Present
Clinical Social Worker in Private Practice

- Provide psychotherapeutic intervention to adults and adolescents rooted in cognitive behavioural, narrative, existential and internal family systems psychotherapies
- Maintain a focus on supporting individuals experiencing grief, exploring their gender and sexual identity, navigating life with ADHD and living with depression
- Provide clinical supervision to Registered Social Workers and Qualifying Registered Psychotherapists
- Provide training and consultation to organizations on creating inclusive spaces and affirmative practices with members of the 2LGBTQIA+ community

Fanshawe College, London, ON Aug. 2016 to Aug. 2021
Personal Counsellor, Counselling and Accessibility Services

- Provide psychotherapeutic intervention and psychosocial support for students presenting with a diverse range of personal concerns including those related to mental health, grief and substance use.

- Provide crisis counselling and support to students presenting in acute distress
- Consult with residence life staff and facilitate harm reduction education in residence
- Provide supervision to MSW and MA (Counselling Psychology) interns
- Develop and facilitate psychotherapeutic groups for students with mental health concerns utilizing dialectical behaviour therapy and logotherapy
- Facilitate a counsellor peer consultation group

Daya Counselling Centre, London, ON

Jan. 2013 to Oct. 2016

Individual and Couples Counsellor

- Provided assessment and psychotherapeutic services rooted in cognitive behavioural, existential, interpersonal and narrative therapies to individuals and couples
- Focused on providing affirmative services to individuals and couples who identify as LGBQ, gender expansive, or polyamorous
- Engaged in consultation with primary care providers on the psychosocial wellbeing of members of the LGBTQIA community
- Collaborated with the executive director in the identification of and application for relevant grants and funding opportunities
- Provided grief counselling and participated as a clinical advisor to the bereavement services committee of London

London Health Sciences Centre, London, ON

July 2015 to July 2016

Social Worker, Geriatric Mental Health Program

- As part of an interprofessional team provided ongoing case management, psychotherapy and psychosocial support to older adults over the age of 65
- Facilitated education to community and family caregivers on supporting older adults with mental health and substance use concerns
- Engaged in the direct supervision of MSW students and provided CBT clinical training to psychiatry and psychology residents
- Developed, implemented and evaluated a logotherapy group for older adult men facing depression after retirement
- Participated in participant recruitment and data collection for research projects occurring within the department

London Health Sciences Centre, London, ON

Sept. 2013 to July 2015

Social Work Student Placement Coordinator

- Facilitated over 65 social work student practicums collaborating with 5 different academic partners
- Collaborated with social work field instructors to enhance the experience of field placement students by offering formalized opportunities for interprofessional education, cross-departmental learning experiences and peer consultation groups

London Health Sciences Centre, London, ON

May 2012 to July 2015

Social Worker, Acute, Subacute, and Palliative Care

- Provided psychosocial assessments and interventions to individuals and families facing new diagnoses, worsening chronic conditions and terminal illnesses
- Applied an ecological systems approach to assessing patients' social determinants of health and improving their psychosocial disposition
- Utilized motivational interviewing, harm reduction and structured relapse prevention to improve patient's sociobehavioural health outcomes
- Provided education to interprofessional team members on bereavement, harm reduction and cultural competency
- Facilitated bi-annual bereavement rituals for palliative care staff and patient families
- Provided field supervision to BSW and MSW students
- Led a process improvement project to develop individualized care streams for people admitted to hospital due to complications associated with intravenous drug use

Credit Valley Hospital, Mississauga, ON
Social Work Intern, Cardiology

Sept. 2011 to Dec. 2011

- Engaged in the provision of psychosocial assessments and interventions
- Supported patients and families engaging in end of life decision making
- Assisted in the development, implementation and evaluation of a standardized social work assessment tool

Randy Scott Clinical Services, Guelph, ON
Social Work Intern

Jan. 2011 to June 2011

- Provided psychotherapeutic interventions for individuals in the probation and parole system with a focus on decreasing recidivism and increasing community participation
- Co-facilitated a clinical process group for individuals who had offended sexually
- Co-facilitated a psycho-educational group for individuals who had offended with violence

SELECTED PROFESSIONAL DEVELOPMENT

Grief Therapy as Meaning Reconstruction Certificate [60 hours]
 Portland Loss Institute, In Progress

Addictions Certificate [84 hours]
 Wilfrid Laurier University Faculty of Social Work, In Progress (anticipated June 2022)

Effective Clinical Supervision [30 hours]
 Leading Edge Seminars, Aug. 2020

Legal Issues in Clinical Work [6 hours]
 Robert Solomon, LLM, October 2019

Skills and Competencies in Internal Family Systems Therapy [86 hours]
 Internal Family Systems Canada, Dec. 2018

Advanced Interpersonal Psychotherapy [12 Hours]
Institute for Interpersonal Psychotherapy, May 2018

Cognitive Behavioural Therapy Certificate [72 hours]
Wilfrid Laurier University Faculty of Social Work, April 2017

Working with the Neurobiological Legacy of Trauma [36 hours]
Dr. Janina Fisher, May 2016

Traumatic Incident Reduction [24 hours]
Applied Metapsychology International, Aug. 2015

PROFESSIONAL AFFILIATIONS

Ontario Public Sector Employees Union
Steward – Local 110, May 2020 to Present
Member, 2017 to Present

Ontario Association of Social Work
Western Branch Director, March 2016 to April 2018
Member, 2012 to Present

Ontario College of Social Workers and Social Service Workers
Registered Social Worker, 2012 to Present

SELECTED COMMUNITY SERVICE

Daya Counselling Centre
Chair of the Board of Directors, Sept. 2020 to Present

Fanshawe College Positive Space Committee
Co-facilitator, June 2020 to Aug. 2021
Member, Sept. 2017 to Aug. 2021

Kings University College Faculty of Social Work Field Education Committee
Field Instructor Representative, Sept. 2018 to Present

Old East Village Community Association
Director, Oct. 2018 to Oct. 2020

London Health Sciences Centre Social Work Professional Practice Council
Member, Jan. 2013 to Jan. 2015

Welcome Home Refugee Residence
Settlement Assistance Volunteer, Jan 2011 to Jan 2012

Wilfrid Laurier University MSW Curriculum, Practicum and Admissions Committee
MSW Student Representative, Dec. 2011 to April 2012

Settlement and Integration Services Organization
Youth Program Volunteer, Jan. 2006 to April 2008