

Barbara C. A. Huisman, B.Sc., P.T.

1407 - 3230 Yonge Street
Toronto, ON M4N 3P6

(416) 822-5777 Business
Email: barbarahuisman@bell.net

PROFILE

- A rehabilitation consultant/physiotherapist with 32 years of hospital, clinic and community-based experience integrating academic and clinical multidisciplinary team expertise in the delivery of services to maximize the optimal rehabilitation potential in all clients.
- An accomplished instructor who creates intellectual awareness of rehabilitative practices with a solid foundation in clinical assessment, treatment and management of musculoskeletal, neurological and cardiorespiratory impairments and disabilities as well as associated psychosocial issues.
- A highly proficient manager and administrator with a collaborative and facilitative style. A skilled communicator with a clear sensitivity to individual patient, multidisciplinary staff, industry, insurance and legal reporting needs.

EXPERIENCE

1998 to present **Optimal Outcomes, Toronto, Ontario**
Rehabilitation Consultant

- **Leader** of a rehabilitation and case management firm providing client services at the request of healthcare professionals, lawyers, insurance adjusters, and individuals throughout the greater Toronto area.
- **Deliver** skilled case management and disability management services to a diverse and extensive client base from paediatric to the elderly experiencing soft tissue, complex orthopaedic, mental health, psychological and catastrophic related injuries. Prepare future care reports identifying long-term client needs, costing, and available support structures.
- **Provide** professional expertise to employers, schools, family and multidisciplinary healthcare professionals, throughout the complete client case management process.
- **Utilise** academic and clinical physiotherapy applications in the assessment and management of client impairments; formulate opinions on the severity of disabilities and injuries; coordinate services with multidisciplinary rehabilitation teams to treat and/or resolve impairments and disabilities, and to facilitate a return to “normal life” for clients.
- **Assist** in the design and implementation of all company practices and procedures regarding the application of physiotherapy and case management expertise; oversee 3 administrative assistants in day-to-day operations.
- **Activate** both short and long-range goals to meet Optimal Outcomes’ growth, service, modernization and strategic imperatives; review and monitor the commitment of capital, expense, and human resources for planned services.
- **Administer** budget and cash flow projections; reduce or minimize operational expenditures; maximize quality of services through effective communications, service planning and administration.
- **Demonstrate** leadership in developing and expanding rehabilitation services through educational activities. Upgrade academic and clinical experience through attendance at conferences and seminars. Receive letters of praise, recommendation and referrals for excellence in client rehabilitative services.

1995 to 1997 **Dynamic Rehabilitation, Toronto, Ontario**
Rehabilitation Consultant

- **Provided** case management expertise in soft tissue, complex orthopaedic, psychological and catastrophic related injuries. Skilfully worked with multidisciplinary medical/professional teams through all case management stages.
- **Assisted** in the multifaceted needs of the organisation as a staff mentor, instructor, advisor, and a facilitator of positive growth. Maintained a client-focussed practice with constructive and facilitative rehabilitative procedures.
- **Participated** in staff management and operational strategy meetings. Activated continuous improvement initiatives and ensured that results complied with original objectives.

1989 to 1994 **Orthopaedic and Arthritic Hospital, Toronto, Ontario**
Staff Physiotherapist

- **Provided** in/out-patient Orthopaedics, Worksite and Ergonomic Evaluations, as well as Independent Evaluations and Functional Abilities Evaluations at the Regional Evaluation Centre (W.S.I.B./M.V.A.). Treated spinal and peripheral joint problems, including post operative, soft tissue and sports injuries. Worked closely with Orthopaedic Surgeons.
- **Taught** Physiotherapy students (as part of their program, students are teamed up with a practising Physiotherapist). Acted as a coach, mentor and catalyst to physiotherapy students. Oversaw testing, assignment and practice evaluations, etc.
- **Delivered** a series of professional onsite lecture/education sessions to both staff and employers. Acted as a key consultant to industry (Smith, Boake Design Werke) on the design of an ergonomic chair.
- **Co-designed**, produced and published an exercise circular with well-illustrated graphic layouts and photographs which was highly informative and disseminated widely. Wrote comprehensive multidisciplinary reports.
- **Maintained** excellent multidisciplinary staff and patient relations; acted as a facilitator by proficiently addressing hospital, patient and staff concerns; maintained a close working relationship with all departments.

1992 to 1998 **CanHealth Physiotherapy, Toronto, Ontario**
(part-time) Sole Physiotherapist

- **Provided** out-patient orthopaedics, functional assessments, return-to-work programs, disability management/MVA, and in-service presentations to healthcare professionals.

1988 to 1989 **Mount Sinai Hospital, Toronto, Ontario**
Staff Physiotherapist

- **Delivered** in/out-patient neurology, orthopaedics, cardiorespiratory and geriatric physiotherapy patient care. Worked closely with the hospital's multidisciplinary healthcare team. Involved in student teaching.

1989 **North York General Hospital, Toronto, Ontario**
(part-time) Staff Physiotherapist

- **Involved** in out-patient orthopaedics in the delivery of physiotherapy services to patients with athletic injuries.

1987 to 1988 **Sunnybrook Medical Centre, Toronto, Ontario**
Staff Physiotherapist

- **Assisted** in the surgical/neuro-intensive care unit with post operative and acute spinal cord and brain injuries, neurological rehabilitation, out-patient orthopaedics, cardiorespiratory, geriatrics, and general medicine.

1987 to 1988 **J. S. Cooper Family Sports Clinic, Toronto, Ontario**
(part-time) Staff Physiotherapist (Sports and Orthopaedics)

- **Developed** a solid foundation in practical physiotherapy practices involving the treatment of acute sports injuries.

EDUCATION

- **Professional Development:** Extensive ongoing industry courses and workshops; conduct peer reviews; provide education to students, industry, clients and multidisciplinary healthcare professionals.
- **Bachelor of Science with Honours, Specialisation in Physiotherapy,** University of Toronto, 1983-1987
- **Psychology and Kinesiology Program,** Simon Fraser University, British Columbia, 1979-1980
- **Arts and Sciences Program,** University of British Columbia, 1976-1977

MEMBERSHIPS

- **College of Physiotherapists of Ontario**
- **Ontario Brain Injury Association**

REFERENCES

Available Upon Request