

## **EDUCATION**

**Updated 2024**

- University of Toronto  
Faculty of Medicine – Department of Rehab Medicine  
Division of Occupational Therapy  
September 1986 - Graduated June 1990 B.Sc.O.T.  
CAOT Certification July 1990
- Received Northern Incentive Bursary 1988-1989, 1989-1990

## **SUMMARY OF QUALIFICATIONS**

- Assessment, program planning and treatment of a variety of clinical diagnosis in adults and paediatrics
- Assess and treat motoric dysfunction
- Assess and treat visual and perceptual motor dysfunction
- Cognitive assessment and remediation of the brain injured individual
- Assessment of Attendant care needs
- ADL and life skills assessment and training
- Utilize Myofascial release and structural rehabilitation techniques to facilitate increased range of motion, to lengthen shortened, tightened and painful tissue
- Utilize N.D.T. techniques to promote normal postural movement and normalization of tone
- Sensory stimulation
- Environmental modification and equipment prescription
- Relaxation and stress management/distress tolerance training
- Train in energy conservation and work simplification techniques
- Train in back education and proper body mechanics
- Supervision of therapy assistants
- Medical Legal Assessments/Reports
- Provision of testimony in court as an expert witness

## **EXPERIENCE**

November 2011- Present: Taylor Rehab – Heidi-Ann Taylor Occupational Therapy Professional Corporation. Community-based treatment provider.

January-August 2019: Clinical Director of Occupational Therapy Services for Galit Liffshiz & Associates: Mentoring of therapists in clinical assessment and treatment of neurological and traumatic injuries.

June 2007- Present: Private Practice: Sole Proprietor:  
Assessment and treatment of neurologically impaired individuals. Provision of medical legal assessments and reports.

March 1995 –June 2007: Private Practice

Consultant with Inter-Action Rehabilitation Inc.: Assessment and treatment of individuals with neurological dysfunction, including sensory motor and cognitive deficits.

April 1994 - March 1995

The Neurological Rehabilitation Institute of Ontario Mississauga, Ontario  
Assessment and treatment of the neurologic patient

June 1992 - April 1994

The Mississauga Hospital Mississauga, Ontario  
Adult Neurologically Impaired Population

September 1990 - May 1992

Network North- The Community Mental Health Group Sudbury, Ontario  
Developmental Assessment Service: Developmental Paediatric Population

May 1990 - September 1990

North York Branson Hospital  
General Physical Medicine and Hand Rehabilitation

## **ORGANIZATIONS**

- Member in good standing of COTO, CAOT

## **CONTINUING EDUCATION**

- Dialectical behaviour therapy for OT: June 6, 2024 CAOT
- Systemic desensitization protocols for clients with phobia, trauma and eating disorders: Feb. 16, 2024 CAOT
- Regulating the Nervous System to avoid burnout and compassion fatigue: Oct. 17, 2023
- Foundations in Mental Health and Wellbeing, Sept.2021 CAOT
- Health Advocates Education Conference, October 2020 and April 2019 BIAPH
- Motivational Interviewing Level 1 & 2: March, June 2017, Toronto Ontario.
- OBIA ABI Conference: November 2015, Niagara Falls, Ontario
- AOTA Specialty Conference: Adults with Stroke: January 2015, New Orleans, USA
- OSOT Conference, September 2014, Markham, Ontario

### **TAYLOR REHAB**

Heidi-Ann Taylor Occupational Therapy Professional Corporation

1298 Holton Heights Dr. Oakville, ON L6H 2G2 | P 905-338-3801 | C 416-712-4817 | F 905-338-1785 | E heiditaylor@taylorrehab.ca

- Enabling Occupation through the Assessment and Treatment of Cognitive Impairments in Adults November 16-17, 2013, Guelph, Ontario
- OSOT Conference, September 2012, Mississauga, Ontario
- OSOT Conference, September 2011: Niagara, Ontario, April 16, 2010  
New Directions in the Changing World of Auto Insurance: New SABS, New Rules of Civil Procedure, Renewed HCAI, Woodbridge, Ontario
- June 3-5, 2009: Engaging in Health Occupation: Partners for Change. Canadian Association of Occupational Therapists National Conference: Ottawa, Ontario
- December 2006: Vestibular Rehabilitation: Bernard Tonks, Toronto, Ontario
- May 2005: Brain Injuries- An Interdisciplinary Approach to Neurotrauma Care: Seattle, Washington
- May 2004: Rehabilitation: A Forum for Learning and Capacity Building  
The 11<sup>th</sup> Annual Conference on Neurobehavioural Rehabilitation in Acquired Brain Injury  
Hamilton, Ontario
- November 7-9 2003 & September 13 - 14, 2002  
Evaluation and Treatment of Visual Perceptual Dysfunction in Adult Brain Injury Part 1 & 2 Mary Warren: Toronto, Ontario
- October 23, 2003: Biomechanical Effects of Low-Speed Impact: Tom Szebo-Toronto, Ontario
- April 11-12, 2003: An Interdisciplinary Approach to Neuro Injuries: Brain Injuries:  
San Francisco, USA
- June 22 2002: Workshop on Advanced Handling and Problem Solving: Concept Bobath/NDT  
Michelle Gerber - Toronto, Ontario
- April 26, 2002: Mild to Moderate Traumatic Brain Injury Workshop  
Sunnybrook and Women's College Health Science Centre: Toronto, Ontario
- November 1, 2001: Strategies for Fostering Recovery in Individuals with Mild Traumatic Brain Injury, Dr. Catherine Mateer, St. Catharine's, Ontario
- May 3-4, 2001: 8th Annual Neurobehavioural Rehabilitation In ABI "Children and Youth with ABI, Hamilton
- June 8, 2000: Neurotrauma 2000, Toronto, Ontario
- October 1999: Mild Traumatic Brain Injury & Other Related Syndromes: Diagnostic & Treatment Considerations, multiple speakers, Ottawa, Ontario

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- Fall 1999: Simcoe County Brain Injury Association, Special Kids, Special Needs  
Barrie, Ontario
- June 1999: Endurance Training of Clients with CNS Lesions Treated According to the Concept of Bobath/ NDT, Ms. Michelle Gerber, Toronto, Ontario
- March 1999: Cervical-Thoracic Myofascial/Osseous Integration, John Barnes Sedona, Arizona
- October 1997: Visual Perceptual-Motor Problems: Strategies for intervention in paediatrics:  
Rhoda Erhardt Toronto, Ontario
- June 1997 - October 1997: Neurodevelopmental Treatment/Bobath. Part I & 2 In the treatment of Adults with Hemiplegia Toronto, Ontario
- May 1997: Craniosacral Therapy Level I: Upledger Institute, Toronto, Ontario
- October 1996: Myofascial/Osseous Integration of the Pelvis: MFR Seminars, Toronto, Ontario
- October 1996: Listening to the Body: Understanding the language of stress related symptoms.
- June 1996: The Multicontext Approach to Cognitive Rehabilitation: Joan Toglia, New York
- December 1995: Developmental Manual Therapy for the Neurologic Patient:  
Sharon Weiselfish, Ohio
- July 1995: Myofascial Release 1: John Barnes - Toronto, Ontario

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