



PROFILE

My goal is to rehabilitate and educate my patients so they can overcome active challenges and establish healthy habits to empower them to take an active role in their own health care. My philosophy is both patient-centred and proactive, employing a wide range of manual, therapeutic and educational skills.

I have been practicing chiropractic since 2004 in a variety of settings from solo practitioner to multi-disciplinary clinics as well as mobile in-home and on site with athletes and performers in TV and film. Additionally, I have performed complex physical and neurological assessments for patients recovering from motor vehicle accidents.

Working independently and in a variety of settings required me to be adept in completing HCAI and WSIB documentation, writing reports, utilizing multiple different EMR systems (my preference is JANE), scheduling, billing and patient communication in addition to excellent clinical care. Taking on a variety of roles has allowed me to be a versatile team member and contributor. That diversity of experience has also prepared me to adapt as required.

CONTACT

WEBSITE:
<https://drkenmueller.com>

EMAIL:
info@drkenmueller.com

DR. KEN MUELLER



Chiropractor and Medical Acupuncturist

EDUCATION

Canadian Memorial Chiropractic College

2000-2004
Doctor Of Chiropractic

MacMaster University

Jan-Jun 2005
Certificate in Contemporary Medical Acupuncture

Concordia University

1997-2000
B.Sc. in Exercise Science with a specialization in Athletic Therapy

WORK EXPERIENCE

Sports Medicine Rehabilitation (SMR) - Chiropractor

Sept 2022 - Present
At SMR, I provide individualized clinical management and care including manual therapy, personalized exercise rehabilitation, medical acupuncture and the provision of custom orthotics, compression stockings and braces as required. I work collaboratively with PTs, RMTs and a sports physician. Additionally, I complete complex physical and neurological exams and write reports for patients with catastrophic injuries from MVAs.

Mobility Care – Founder, owner and sole provider

2005–Present
I built this business to provide custom orthotics and compression stocking services for specific targeted groups requiring care near their place of work. I cover all roles from assessments and design, to booking, marketing, billing and document preparation for insurance submission.

QSMC-Chiropractic Clinic - Founder, manager, head clinician

2005–2022
In this setting, I built a chiropractic clinic on the second floor of a medical practice. I provided comprehensive care in conjunction with an RMT and the team of medical doctors in the main floor clinic for the varied musculoskeletal needs of my patients. The closure of this clinic was obligated by the expropriation of the building by Metrolinx.

FUN FACTS

- Junior National Figure Skating Team member from 2004-2007.
- Worked with medical teams at national stream skating and gymnastic events.
- Consultant to Panno Medical to provide on set care for TV and Film around the GTA.
- On-set Chiropractor for Season 3 and 4 of Battle of the Blades for CBC television
- Started learning karate in 2023 at Northern Karate to inspire my son that trying new things never stops being important. Currently blue belt.
- Resident of High Park/Bloor West since 2008 with many local connections
- Happily married with 2 awesome, curious and energetic kids.
- Loves the outdoors and has hiked routes on 4 continents, multiple glaciers and peaks over 4200m high
- An avid Toronto sports fan especially of the Blue Jays. Has been attending games since the 1970s at Exhibition Stadium.
- Handy around the house too. During many home renos has learned carpentry, electrical, stone work, appliance repair and many other skills. Not afraid of a little hard work and loves to learn.

CONTINUING EDUCATION

I have participated in a variety of continuing education courses over the years.

- Soft Tissue Therapy courses like Trigenics and Functional Range Release have contributed to my skill set.
- Active rehabilitation courses offered by instructors like Craig Liebenson and Stuart McGill have been particularly informative to the patient centered and evidence informed rehabilitation programs I design for my patients.
- I have also partaken in additional courses in acupuncture and orthotic assessment and design.

OTHER INFORMATION

- Bilingual (English and French)
- Taught core stability and jumping technique to young skaters of all levels between 1997 and 2018.
- Lectured for Skate Ontario, FIG International Sport Aerobics Coaching Conference as well as to a group in each of Bergen, Norway and Sarasota, Florida on safe jumping and lifting techniques.
- Took part as a member of healthcare teams at national level and qualifying figure skating competitions as well as for the gymnastics events at the Pan Am Games in Toronto
- Based on quality of care, patients who have been inactive for over 10 years continue to seek out my care in spite of moving between practice locations.

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EMAIL: INFO@DRKENMUELLER.COM • WEB: DRKENMUELLER.COM