

DIANNE SCHAIBLE

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Summary

Accomplished Physiotherapist with 25 years of expertise in rehabilitation strategies, exercise prescription and wellness promotion for spinal cord injured and neurological clients. Great understanding and compassionate demeanor with clients and their care givers suffering from ailments preventing full functionality and mobilization. Years of experience successfully working with Physicians, other healthcare professionals and support staff as part of a larger team to deliver high-quality care to diverse patient populations.

Skills

- Physical assessment and treatment for musculoskeletal and neurological conditions
- Providing treatment through a variety of modalities, including: NMES, tens, IFC, U/S, taping, splinting, hydrotherapy
- Excellent interpersonal skills in working with challenging conditions and diagnoses
- Good understanding of the challenges of managing spasticity and tonal issues in the neurological client
- Competent in treatment of the client in a functional and holistic manner

Experience

Physiotherapist | Hamilton Health Sciences - Hamilton, ON | 1996 - 2022

Assisting patients with spinal cord injuries and other neurologic conditions in an outpatient setting following best practice guidelines (where applicable), in order to maximize their functional potential through the use of various devices including: wheelchair mobility, applicable splinting strategies to help achieve walking potential, addressing concurrent musculoskeletal conditions and creating exercise programs that focus on strengthening, stretching and cardiovascular potential.

Consultant in the Comprehensive Spasticity Management Clinic with a team of Physiatrists at Hamilton Health Sciences to help assess and provide recommendations to clients with neurological injuries. Accomplished by managing spasticity through various modalities including: discussing botulinum toxin injection applicability, assessing tone and available ROM for function and wheelchair seating, neuromuscular electrical stimulation to potentiate the effect of botulinum toxin for agonist and antagonist muscle groups, discussing community resources, fabricating and consulting on splinting options and offering guidance on exercise and stretching protocols.

Physiotherapist | Neenah Navasero Neurorehabilitation (NNN) Physiotherapy- Hamilton,
ON | 2020- Jan 2022

Devised individual assessment and treatment plan for neurological and spinal cord injured clients' specific needs, implemented in client's home or retirement facility.

Instructor for spinal cord injury labs for Physiotherapy students at McMaster University, as well as mentoring students through clinical placements. (2000-2021)

Assistant Physiotherapist Technical Consultant and examiner for the Physiotherapy Competency Exam through the Canadian Alliance of Physiotherapy Regulators. (2019, 2001-2018)

Education and Training

University of Toronto 1996 | Toronto, ON, Canada
Bachelor of Science: Physical Therapy

University of Guelph 1991 | Guelph, ON, Canada
Bachelor of Science: Human Kinetics

Canadian Physiotherapy Association/Ontario Physiotherapy Association

Certifications

Manual Therapy Courses and Soft Tissue Release
Neuro Rehabilitation (Bobath approach)
Airway management in Neuromuscular and Spinal Cord Injured Patients
Electrotherapy Courses
Skin Wound Assessment and E-Stim Wound Management Level I and II
Urban Pole Course
Hydrotherapy Courses
Hypertonicity Intervention Workshop
Functional Electrical Stimulation in Neurorehabilitation
Introduction to the Canine Patient (an independent study)
Introduction to Canine Rehabilitation