



# Progressive Case Management Inc.

*Transforming the Lives of People*

---

## CURRICULUM VITAE – DEBRA R. ANSTEE; RN, BScN, B.A.

### PERSONAL DATA

Nurse Consultant  
**Progressive Case Management Inc.**  
180 James Street South, Suite 300  
Hamilton, Ontario  
L8P 4V1

Business Phone Number: 905.521.2111  
Facsimile Number: 905.521.1110

E-mail: [debbie@progressivecasemanagement.com](mailto:debbie@progressivecasemanagement.com)  
Website: [www.progressivecasemanagement.com](http://www.progressivecasemanagement.com)

### POST-SECONDARY EDUCATION

Master in Nursing (currently working towards), Athabasca University, Athabasca, Alberta  
Bachelor of Science in Nursing, McMaster University, Hamilton, Ontario.  
Diploma of Nursing, Mohawk College, Hamilton, Ontario.  
Bachelor of Arts, Psychology, Brock University, St. Catharines, Ontario.

### PROFESSIONAL MEMBERSHIPS

- ◆ College of Nurses of Ontario
- ◆ Canadian Nurses Association of Ontario

### PROFESSIONAL / NON-PROFESSIONAL SERVICE TO THE COMMUNITY

2011	Gentle Persuasive Approach (GPA) certified coach
2008	BCLS
2006	ACLS
2005	The management of wounds
2004	Cornerstones, connections and caring, Patient safety
2004	Pain Management

2003	Effective Interventions for persons with Brain Injuries
2003	Delirium Workshop
2003	Documentation Workshop
2003	KCI Wound Management
2003	Co-author on poster Presentation for Dual Diagnosis
2003	Thoracoabdominal Aortic Aneurysm Repair Workshop
2002	Volunteer at the Brain Injury Awareness Day
2002	Trained for Sexual Assault Team
2001	Pain Management Workshop
2001	Head Injury Prevention Program, Bikes, Boards and Blades (2001)
1995	Association for Community Living
1994	Association for Community Living
1993	March of Dimes
1992	March of Dimes

## **NON-ACADEMIC EMPLOYMENT**

### **CAREER SUMMARY**

#### **HAMILTON HEALTH SCIENCES CORPORATION 1995 - present**

##### **Registered Nurse, Neurosciences & Trauma Program ICU, General Division, 2005-present:**

- Prioritizing, evaluating and planning daily and emergent events.
- Client Advocate and protector of personal rights.
- Educating families regarding patient outcomes and diagnoses.

##### **Registered Nurse, Cardiovascular Program, General Division, 2001-2005:**

- Health teaching and education to patients and family as required.
- IV and Venipuncture experience.
- Exhibit motivation and dedication by providing the highest quality of care to each patient.

**Rehabilitation Therapist, Acquired Brain Injury Program, Chedoke Division, 1998-2001:**

- Motivated behaviour management through daily programs.
- Patiently emphasized socialization and life skills retraining.
- Promoted community services and resources available to patients and families.
- Implemented reintegration activities.
- Motivating people with disabilities, instilling knowledge of life skills and management of finances.

**Echocardiogram Technician, Medical Diagnostic Unit, General Division, 1995-2001:**

- Conducted Daily electrocardiograms for inpatients and outpatients.
- Coordinated priorities with other levels of the health care team to assure achievement of goals.

***PROGRESSIVE CASE MANAGEMENT INC.*, April 2003 – present**

**Nurse Consultant:**

- Research and prepare educational material for families and clients who have acquired brain injuries.
- Consult with Case managers regarding medical documents.

---

**Debbie Anstee**