

### Education

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| 1996-1997 | Master of Social Work, Dean's List<br>Wilfrid Laurier University                   |
| 1992-1994 | Honour's Bachelor of Social Work<br>York University/University of British Columbia |
| 1988-1991 | Bachelor of Arts, English/Film Studies<br>University of Western Ontario            |

### Employment Positions

#### **The Social Work Consulting Group, Practice Director (July 2006 – Present)**

- Established private practice specializing specifically in the areas of brain injury, spinal cord injury and severe orthopedic injuries, providing counselling, education and rehabilitation support to individuals and families in their home environments and communities.
- Employ/Supervise a team of 33 Social Workers who also specialize in the area of neuro-rehabilitation.

#### **Private Practice, Social Worker (September 2003 – 2006)**

- Working exclusively in the field of brain injury rehabilitation with adults and children, conducting psychosocial assessments and providing ongoing treatment intervention.
- Providing support in areas of behaviour management, pain management, stress and anger management and emotional adjustment.
- Providing psycho-educational support and advocacy to clients, families and their support network.

#### **Neuro-Rehab Services Inc., Social Worker/Case Manager (1999 – 2003)**

- Assessment and treatment of individuals and families following a traumatic brain injury.
- Supportive, educational, adjustment, grief and crisis counselling.
- Interact with hospital and community resources, to assist clients with accessing appropriate public and privately funded community services.

#### **St. Michael's Hospital, Social Worker, Trauma Program (1999- 2000)**

- Provided critical support and education to patients and family members throughout hospitalization.
- Linked patients and family members with appropriate and necessary community-based resources.
- Psychosocial assessments of patients and families to assist with the extensive discharge planning process and meet the comprehensive needs of trauma patients.

### **Community Care Access Centre of Toronto, Case Manager, Acquired Brain Injury Program (1997- 1999)**

- Coordination of resources and professional personnel to provide comprehensive, individualized in-home and community-based rehabilitation.
- Coordinated several interdisciplinary health care teams to meet the comprehensive needs of the acquired brain injury population once discharged from hospital.
- Ongoing client needs assessments, treatment planning and interaction with appropriate hospital and community-based resources.
- Advocacy and education for clients, family members and support networks.

### **Community Head Injury Resource Services (CHIRS), Community Facilitator (1994-1996)**

- Provided support to individuals living with the effects of acquired brain injury to become interdependent in their home and community.
- Community reintegration and rehabilitation through teaching, lifestyle planning, vocational training, behaviour management and cognitive therapy, personal and home management and social/recreational activities.

### **Practicum Placements**

#### **The Hospital for Sick Children, Social Work Intern, Neurology Program, (1996-1997)**

- Inpatient and outpatient consultation, assessment and treatment of children with various neurological and developmental diagnoses.
- Facilitator of a group for children with seizure disorders to help increase their level of self-esteem.
- Discharge planning process via arrangement of appropriate community resources.

#### **The Toronto Hospital, Western Division, Social Work Intern, Neurosurgery & Orthopedic Surgery Units (1994)**

- Inpatient consultation, assessment and counselling with patients and family members.
- Coordination of appropriate resources and services within the hospital and community.
- Patient education and advocacy.

### **Professional Accomplishments**

2019 *Presentation: Financial Constraints Can Impact Recovery after a Brain Injury: What Clinicians, Lawyers and Financial Consultants Need to Consider* – Co-presented at Provincial ABI Conference, Niagara

2007 Co-facilitated psycho-educational support group in conjunction with the Brain Injury Clinic at Sunnybrook Health Sciences Centre and BIST for brain injury survivors and family members.

2002 Development and facilitation of 'Back in Action' re-named 'SocialAbility' in 2008, a community-based social skills group for individuals in their 20's who have sustained a brain injury

1999 *Symposium: "Navigating Without a Compass: Barriers to Community Reintegration"*  
Presented at the 2<sup>nd</sup> Inter-Urban Brain Injury Conference, Toronto

**Professional Affiliations**

The Ontario College of Social Workers and Social Service Workers (Registration #328076)

The Ontario Association of Social Workers

**Resume updated as of January 2019**