
Sean Shahrokhnia, MA., C.Psych.

Psychologist in Private Practice
Owner & Managing Director
Psychology Health Solutions
660 Main Street East, Hamilton, Ontario L8M 1J8
Phone: 905-312-0111
www.psychealth.ca
sean.shahrokhnia@psychealth.ca

Curriculum Vitae

Mr. Shahrokhnia is a registered Psychologist in the Province of Ontario. He has a Bachelor of Arts degree with Psychology Major from the University of Western Ontario and a Master's Degree in Counselling Psychology from the Adler Professional School of Psychology in Chicago, Illinois. He is the owner and Managing Director of the Psychology Health Solutions.

Mr. Shahrokhnia has over twelve years of rehabilitation and clinical work experience with adults, couples and families. Primary focus of his clinical work includes assessment, diagnosis and treatment of a range of emotional and behavioral difficulties. His clinical background boasts extensive rehabilitation and clinical work with adults, couples and families to assist them in managing a range of psychological issues. Mr. Shahrokhnia also has over ten years of corporate work experience in the Information Technology field.

Mr. Shahrokhnia has a warm and genuine style and aims to create a safe and respectful atmosphere that puts clients at ease. His approach is open and transparent, incorporating compassion and curiosity. His clinical work is client-centered and he works collaboratively with clients to help them better understand their problems and make changes to achieve their goals. As a psychologist, Mr. Shahrokhnia sees his role as providing support, guidance, and skills to empower clients to lead more satisfying lives.

Aside from his mother tongue, Turkish, Mr. Shahrokhnia speaks English and Persian (Farsi) fluently.

EDUCATION

M.A., Counseling Psychology

Adler School of Professional Psychology, Toronto Ontario

B.A., Psychology Major

University of Western Ontario, London Ontario

PROFESSIONAL EXPERIENCE

Psychology Health Solutions, Hamilton, Ontario **2014 - Present**
Owner, Managing Director

Gouws & Associates Psychologists, Hamilton, Ontario **2003 - 2014**
Psychological assessment and treatment/psychotherapy of adults and couples

Cambridge Psychology Centre, Cambridge, Ontario **2008 - 2011**
Psychological assessment and treatment/psychotherapy of adults and couples

Dr. Dan Dalton Psychological Services, Fergus, Ontario **2002 - 2004**
Psychological assessment and treatment/psychotherapy of adults

Membership

Registered Member of the College of Psychologists of Ontario

Areas of Competency: Counselling Psychology & Reahbilitation Psychology

Ontario Psychological Association (OPA)

Canadian Psychological Association (CPA)