

BIANCA SANCHEZ, B.A., MSW, RSW

Registered Social Worker | Psychotherapist
Hamilton, Ontario
289-965-9550 | bsanchez@solacetherapy.ca

EXECUTIVE CLINICAL PROFILE

Registered Social Worker with over 10 years of specialized experience supporting individuals with catastrophic and non-catastrophic injuries, serious mental illness, and complex psychosocial presentations across hospital, rehabilitation, community, and insurer-funded settings. Extensive expertise in motor vehicle accident claims, functional impairment, risk assessment, and multidisciplinary care coordination. Recognized for producing clear, defensible clinical documentation and collaborating effectively with insurers and legal teams. Bilingual in English and Spanish.

AREAS OF INSURANCE & REHABILITATION EXPERTISE

Motor Vehicle Accident Claims; Psychosocial and Functional Assessments; Complex Case Planning; Risk Assessment and Safety Planning; Trauma and Adjustment; Brain Injury and Neurological Conditions; Geriatric Mental Health; Return-to-Function; Multidisciplinary Collaboration; Insurer and Legal Communication; Defensible Documentation.

PROFESSIONAL EXPERIENCE (SELECTED)

Social Worker / Psychotherapist – The Social Work Consulting Group (2023–Present)

Provide psychosocial assessment and evidence-based psychotherapy for individuals injured in motor vehicle accidents. Collaborate with insurers, legal teams, and rehabilitation professionals to support coordinated, goal-directed recovery.

Case Manager / Registered Social Worker – St. Joseph's Healthcare Hamilton (2017–2023)

Managed high-complexity psychiatric and cognitive cases, conducted biopsychosocial and risk assessments, coordinated discharge planning, and participated in regional geriatric and complex care initiatives.

Senior iCBT Therapist (Part-Time) – Lifeworks (2022–2024)

Delivered structured CBT interventions, conducted virtual psychosocial assessments, and monitored risk within a stepped-care model.

EDUCATION

Master of Social Work – University of Toronto
Addiction & Concurrent Disorders Certificate – University of Toronto
Acquired Brain Injury Rehabilitation Therapist Certificate – McMaster University
B.A. Sociology & Women and Gender Studies (Honours) – Brock University

PROFESSIONAL TRAINING

EMDR Therapy Training (2024); Acceptance & Commitment Therapy (2023); Cognitive Processing Therapy (2022); CBT for Psychosis; ASIST; P.I.E.C.E.S.; Gentle Persuasive Approaches; Mental Health First Aid.