

ALICIA KRALT, MSc (OT) OCCUPATIONAL THERAPIST

COVERAGE AREA

BEAMSVILLE

Covering: Niagara, Ancaster (Hamilton), Kitchener-Waterloo, Toronto, and Halton.

AREAS OF EXPERIENCE

Severe Orthopedic Injuries
Home Modifications
Spinal Cord Injuries
Chronic Pain
Neurological Injuries
Vocational Rehabilitation

EDUCATION

MASTERS OF SCIENCE OCCUPATIONAL THERAPY

2009

McMaster University, Hamilton, ON

BACHELOR OF SCIENCE: PHYSICAL EDUCATION AND PRE-MEDICINE

2007

Redeemer University College, Ancaster, ON

EXPERIENCE

ENTWISTLE POWER OCCUPATIONAL THERAPY (NOW SOLUTIONS FOR LIVING)

ANCASTER, ON

OCCUPATIONAL THERAPIST

January 2014 - Present

- Provide all levels of occupational therapy assessment and treatment for clients with serious and catastrophic injury, including acquired brain injury, complex orthopedic injuries as well as multi-trauma for people of all ages including children and older adults.
- Discharge Planning, Occupational Therapy In-Home Activities of Daily Living (ADL) assessments, Home Safety Assessments, Attendant Care Needs Assessments (Form 1).
- Vocational Assessments, Transferable Skills Analyses, Job Site Analyses and Ergonomic Assessments.
- Home Modification Assessments.
- Develop and monitor return to ADL programs to encourage increased functional independence in the home, workplace, or community; including goal setting and tracking.
- Act as part of a multi-disciplinary team member to facilitate functional and cognitive recovery.

- Recommend assistive devices, provide education on pacing, body mechanics, energy conservation, hurt versus harm principles and proper body mechanics to facilitate increased independence with activities of daily living in the home or workplace.

MAXIMUM INDEPENDENCE INC., HAMILTON, ON

October 2009 - December 2013

- Providing clinical services in the auto sector as well as medical legal services including:
- Assessment of client needs through a semi-structured interview process, functional assessment and analysis of information. This includes review of medical, educational, employment and psychological records and meeting with health care professionals as required.
- Assessments include: Functional Home Assessments, Assessment of Attendant Care Needs, Worksite Assessments and Job Demands Analysis, Ergonomic Assessments, Transferable Skill Analysis/Vocational Planning, Discharge Planning Assessments, School assessments
- Development and coordination of goal-directed OT treatment for individuals of all ages (adult and pediatric clients) who have sustained traumatic injuries resulting in cognitive, physical, behavioral and/or psychosocial problems (Musculoskeletal, Acquired Brain Injuries, Chronic Pain, Complex Orthopedic, Multiple Diagnoses).
- Communication with injured individual, family, caregivers, health care professionals, workplace/school personnel, insurance adjuster, lawyer and referral sources.
- Development of educational materials for clients

PROFESSIONAL
DEVELOPMENT /
ADDITIONAL
QUALIFICATIONS

- 2020 CAOT Course: Integrative Psychotherapy
- 2020 Brain Injury Association of Peel & Halton Health Advocates Education Conference
- 2020 LivABLE Environment Conference: Inclusive Home Design for Living in Place
- 2020 OBIA Level 2: Mental Health, Addictions and Brain Injury
- 2020 Senior Home Safety Specialist Training, AgeSafe Canada
- 2019 CAOT Course: Home Modifications for Occupational Therapists
- 2019 CAOT Course: Bathroom and Kitchen Modifications
- 2019 Training in Motivational Interviewing
- 2018 Universal Design and Home Modifications
- 2018 Brain Injury Services Conference 2018: Breaking Barriers
- 2018 OBIA Level 1: Neurorehabilitation
- 2017 CAOT Course: An Occupational Approach to Cognitive Rehabilitation
- 2016 CAOT Course: Home Modifications: Ramps, Rails and Bathroom Modifications
- 2016 Concussion Management Workshop
- 2015 Brain FX 360 Administrator Training
- 2015 Executive Certificate in Home Modification Program
- 2015 Brain Injury Services Conference 2015: Concussions and Pain Management
- 2015 CPR & First Aid Re-certification

2014 PIA Practical Strategies for Experts: The Shifting Landscape

2014 Choosing Cognitive Assessment – Using Everyday Tasks to Treat Cognitive Deficits

2013 Brain Injury Services Conference 2013: Cognitive Rehabilitation

2012 Progressive Goal Attainment Program Workshop

2012 Motion Specialties “The Evolution of Walking”

2012 Ontario Society of Occupational Therapist Conference

2012 Shoppers Home Health Care Innovations Conference & Trade Show

2012 Discharge & Beyond Spinal Cord and Neurotrauma Conference

2009 Static Splinting Workshop

2009 Competency in scoring the Chedoke McMaster Stroke Assessment

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| TEACHING | 2020 | Clinical Preceptor, McMaster University |
| PRESENTATIONS | 2019 | Clinical Preceptor, McMaster University |
| | 2010 | Presented at the Canadian Association of Occupational Therapy Conference, “Exploring a Role for Occupational Therapy in Postnatal Healthcare” |

OTHER

Current Member of the Canadian Association of Occupational Therapists

Current Member of the College of Occupational Therapists of Ontario, Registration No. G0907746

Current Member of the Ontario Brain Injury Association

Current Member of the Brain Injury Association of Niagara (BIAN)

Current Member of the Board of Directions for BIAN (2019 to present)